



**Kiwanis®**  
CLUB OF ROANOKE

October 2025

Vol. 107 No. 3

*"Year of Inspired Action"*

### **In this Issue**

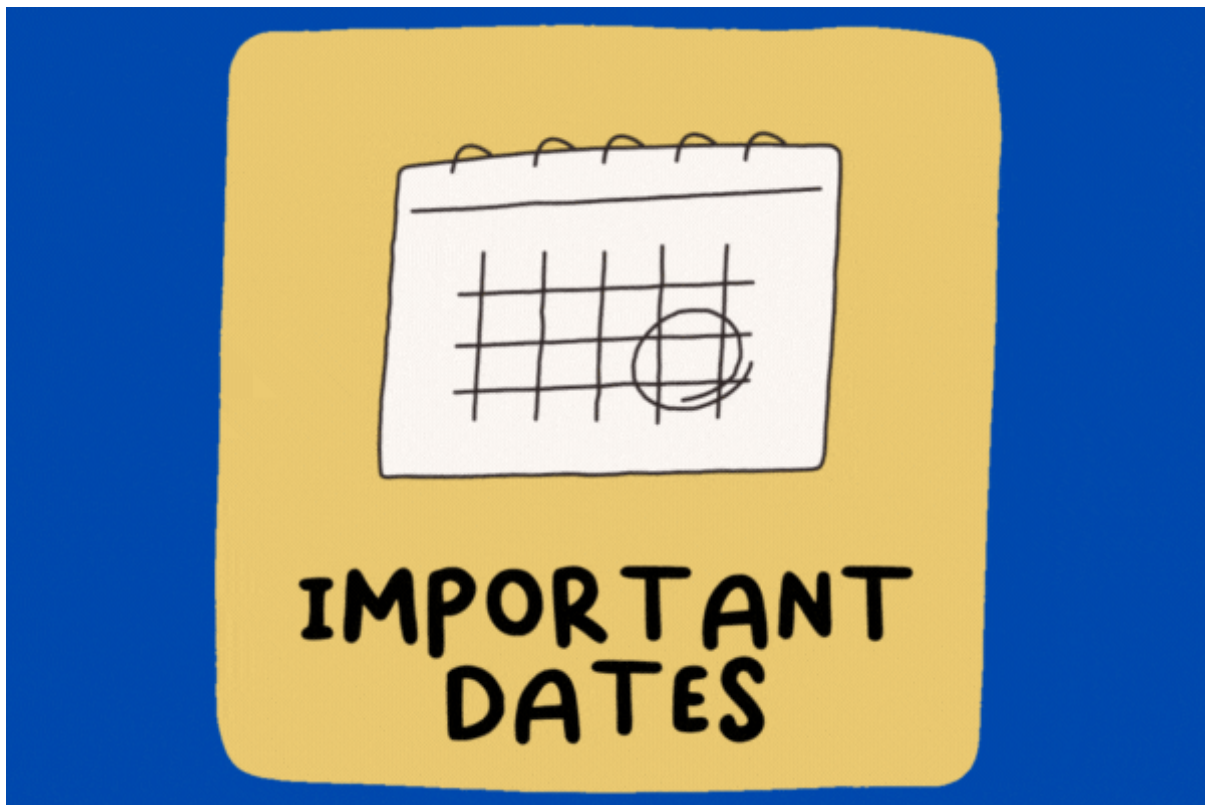
Important Dates

Speakers' Info

Feature Photos

Kiwanis Happenings

Kiwanian Birthdays



**October 22** - (12:30 - 1:30 pm) Club Meeting - Wesley Bell, Impact Living

Services\*

**October 22** - (1:45 pm) Fun Committee Meeting

**October 25** - (7:30 am - noon) West End Center Spooky Sprint

**October 29** - (12:30 - 1:30 pm) Club Meeting - Natalie Handv. CareForward

## October 29 - (1:45 pm) Environment Committee Meeting

You can always stay up-to-date by checking out the calendar on our [website here](#).

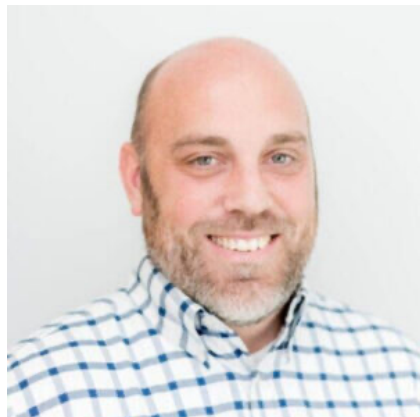
---

## October 15th - Club Meeting, Wesley Bell, Impact Living Services\*

Join us Wednesday for our weekly meeting at 12:30 PM in Charter Hall on the third floor of the City Market Building to listen to Wesley Bell, Director of Independent Living at Impact Living Services. Wes will talk about how ILS works to create better outcomes for those transitioning out of foster care. He will also discuss their efforts at treatment-based foster care placements, their resources for families interested in fostering, and their mentorship programs.

Wes holds a BS in Sociology from James Madison University and a MA in Human Services Counseling from Liberty University. Wes has nearly 20 years of experience with the foster care population at Roanoke City DSS and Impact Living Services.

*\*Beginning at noon on Wednesday, Kevin Matheson will play Bach's Concerto No. 1 in A Minor and Mozart's Concerto No. 3 in G Major for our gathering time. Feel free to enjoy your conversations! ~ Judy*



---

## Highlights From Our Last Meeting

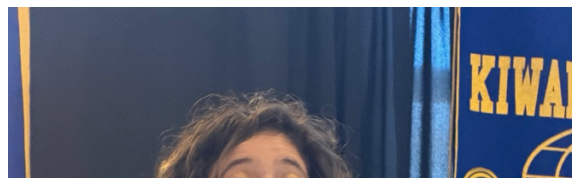
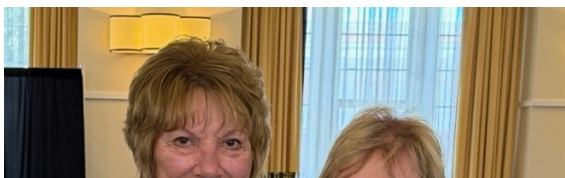
Most photos are taken by our resident photographer extraordinaire, Don Witt.



Val Brown Helps Chris Rouse With  
the Tableful of Guests He Brought



Milton Hardy Brings Guests





Andree' Brooks and Guest



Juanita Prada Speaks About  
BeholdBeGold



**Kiwanis**  
CLUB OF ROANOKE

Happenings

### **Membership Update**

The Membership Committee is asking ALL club members to invite one guest to at least one of the October meetings. Help keep our club the largest service club in the Valley!

### **Calendars are Needed**

2026 Calendars are needed for residents at the Salem V A. Please save all those free calendars you receive in the mail and bring them to our meeting. Deposit them in the box on the table near check in. Thank you for helping our veterans! Andree

### **Motivational Introspection: “The Power of One—The Strength of Us” presented by Milton Hardy**

As members of the Kiwanis Club, we often focus on what we do — the

service projects, the fundraisers, the scholarships, and the smiles we bring to the faces of children and families in our community. But every now and then, it's good to pause... to look beyond the tasks and ask ourselves why we do what we do, and who we are becoming in the process.

Each of us came to Kiwanis with a heart to help, but over time, life's demands can make service feel like just another item on the calendar. Yet, if we take a moment to reflect, we'll remember that what we do is far more than charity — it's change. It's leadership in action. It's love with sleeves rolled up.

When one member volunteers, a seed is planted.

When a few members unite, a garden grows.

But when an entire club moves with one heart and one purpose — communities are transformed.

Today, let's remember that our power doesn't come from position, title, or even experience. It comes from compassion — the kind that refuses to look away from a need. The kind that sees potential where others see problems. The kind that knows one small act of kindness can echo for generations.

So as we serve, let's not just ask, "What can I do?"

Let's ask, "Who can I lift? Who can I inspire? Who can I empower today?"

Because together, we are more than a club — we are a movement. And every great movement begins in the heart of one person who decided that doing nothing was no longer an option.

Let us continue to serve with passion, lead with integrity, and believe that the best is yet to come — not just for us, but for every life we touch.

## **Annual Lobster Sale**

The Kiwanis Club of Lynchburg holds annual lobster sale, trucking live lobsters from Maine for a pre-order fundraiser. This year the Roanoke Club will join Lynchburg's club in this fundraising event. We will have sign-up sheets on the table and the cost will be \$25 for a live lobster, \$26 for cooked. They will be delivered on November 8. The deadline for the orders will be November 4th. This is a fundraiser for our club in that we get about \$10 for each lobster and that will go to our administration budget. Please write a

check to Kiwanis Club of Roanoke or pay \$25 cash to Michael Franzese or Joyce Montgomery.

### **Book Club**

Thanks to everyone who joined us on October 8th for the monthly Book Club. Thanks again to Mike Bell for hosting our group. Our next meeting will be on November 12th at 5:30 - Mike Bell has graciously agreed to host us again. All are welcome to join and share a about a book you recently read. Please contact Dave and Cheri Hartman for more information.

**Kiwanis Key Leader Program (see below) — registration is due by October 31, 2025**



## SKELTON 4-H EDUCATIONAL CTR

Wirtz, VA

November 14-16, 2025

Information and registration can be found at  
[Capital District Key Leader Weekend](#)

### ***WHAT IS KEY LEADER?***

Key Leader is designed for today's young leaders. This life-changing event focuses on service leadership as the first, most meaningful leadership-development experience. A Key Leader will learn the most important lesson of leadership—it comes from helping others succeed.

### ***WHO CAN ATTEND KEY LEADER?***

Key Leader is designed to open doors to all student leaders and those with leadership potential. The focus is to serve students from 14 to 17 years of age.



### ***FIVE KEYS TO EXCELLENCE***

The Key Leader program is built on five essential principles. These principles reflect our mission to inspire young people to achieve their personal best through service leadership:

**PERSONAL INTEGRITY:** Doing the right thing

**PERSONAL GROWTH:** Developing in mind, body, and spirit

**RESPECT:** Showing consideration for self, others, and property

**BUILDING COMMUNITY:** Developing relationships to achieve positive goals

**PURSUIT OF EXCELLENCE:** Expecting and achieving the best



## AGENDA FOR KEY LEADER

Students arrive between 4:00pm-6:00pm on Friday.

**\*\*\* NO LATE ARRIVALS OR EARLY DEPARTURES \*\*\***

You will depart after 11:30 am on Sunday. Lodging, meals and activities are included and located at the camp. Students participate in large and small activities, with a combination of information, discussion, and interactive events.



|                     |       |                                    |       |
|---------------------|-------|------------------------------------|-------|
| Student Participant | \$250 | District Board Participant         | \$200 |
| Student Facilitator | \$150 | District Board Student Facilitator | \$100 |
| Adults              | \$125 | District Committee Chaperone       | Free  |

### HOW MUCH IS KEY LEADER?

*Discount Codes and Financial Assistance are available. Please contact the District Chair or Site Coordinator for more information.*

### HOW DO YOU SIGN UP?

[Registration](#) is open. Students and adults attending a Key Leader weekend can complete the form with basic information. **Adults will be required to complete a Background Check in order to stay overnight.**

*If there are any questions about registering online, please feel free to reach out to any of the contacts below.*



### HOW CAN KIWANIS GET INVOLVED?

#### 1) Send a Student to Camp

*Help identify a student that has the leadership potentials but needs a small push. You can support them by telling the student or a local educator about the camp, providing a student a ride to the camp or sponsoring a student to attend.*

#### 2) Join the Local Committee

*Take the time and help the Site Coordinator organize and put on a Key Leader weekend. There are many things that need to get done before the camp.*

#### 3) Become a Sponsor or Donate to the Wishlist.

Your help is needed to make the camp a success. Please visit:

<https://secure.givelively.org/donate/capital-district-kiwanis-foundation/cdkf-youth-outreach>

#### 4) GO TO THE CAMP!



### FOR MORE INFORMATION

EMILIE PINTO, Site Coordinator

[emiliebpinto@gmail.com](mailto:emiliebpinto@gmail.com)

KAREN ROBERTS, District Chair

[karen.roberts@portsk12.com](mailto:karen.roberts@portsk12.com) 757-652-8390

Health & Safety guidelines will be strictly adhered to.



## Kiwanis Youth Protection Week

Kiwanis Youth Protection Week is an important time to renew our commitment to creating safe and supportive environments for all young people involved in Kiwanis programs. Visit the [Kiwanis Youth Protection Week webpage here](#) to access resources, training materials, and best practices to help ensure we're upholding the highest standards of youth safety and

# YOUTH PROTECTION POLICIES & PROCEDURES

UPDATED OCTOBER 2022

These policies can be found in Kiwanis International Policies and Procedures as **Procedure 432**.

*All adults working with youth under the age of 18 at any Kiwanis event are required to read/understand, agree to and abide by these policies.*

**EDUCATION:** Every Kiwanis club is expected to inform and educate its members on these policies, best practices and required actions for individuals who become aware of youth in potentially harmful situations. This education must occur annually, including providing a copy of these policies to each club member. Every Kiwanis district is expected to provide an educational forum or workshop at every district-produced convention and conference regarding policies and best practices for adults working with youth, using materials provided by Kiwanis International.

**CRIMINAL HISTORY BACKGROUND CHECKS:** Kiwanis International requires clubs to have a clear criminal history background check for any club member serving as an advisor to any Service Leadership Programs club. The check must be conducted and verified by Kiwanis International. Any person without a clear criminal history background check may not serve as the advisor. Approved background checks shall be valid for no more than two years. Kiwanis advisors shall acquire a new criminal history background check upon their initial appointment to the position.

**CHAPERONE:** A chaperone is defined as a Kiwanis member, faculty member, parent, legal guardian or person who is in loco parentis, twenty-one (21) years of age or older, who has been approved by the school or agency and registered with the school or agency to accompany the youth members at the specific event. All chaperones (club members and non-members) participating in any single-day or overnight Service Leadership Programs event must have a clear criminal history background check and must have completed Kiwanis International youth protection training. Additionally, chaperones must follow all applicable policies and procedures.

**CHAPERONES FOR OVERNIGHT EVENTS:** A minimum of one adult per 10 students must be serving as chaperones during the entirety of an overnight event.

**CHAPERONES FOR SINGLE-DAY EVENTS:** A minimum of one adult per 50 students must be serving as chaperones during the entirety of a single-day event.

**OVERNIGHT EVENTS:** All adults (club members and non-members) registered for or staying overnight at any Service Leadership Programs event must have a clear criminal history background check and must have completed Kiwanis International annual youth protection training. However, parents/guardians of participating students who are not chaperones may attend the event for a maximum of one overnight stay without a criminal history background check.

**OVERNIGHT STAYS:** While attending a Kiwanis event that requires an overnight stay in a hotel or camp/ conference setting, adequate adult chaperoning is expected and must include no fewer than one adult male for each ten or part of ten youth males, and one adult female for each ten or part of ten youth females. Except for a parent sharing a sleeping room or other sleeping quarters (e.g., a tent) with his/her own child, no adult should share a hotel or dormitory sleeping room or other sleeping quarters with a youth. In the event that sleeping quarters consist of multiple beds (such as in a bunkhouse or camp cabin), adults may share the sleeping quarters with youth members of the same gender, provided that two or more adults are present.

**DISTRICT ADMINISTRATORS FOR SERVICE LEADERSHIP PROGRAMS:** Kiwanis International requires all SLP district administrators to complete an application process, which includes submission of a completed application, having a clear background check conducted and verified by Kiwanis International, completion of Kiwanis International youth protection training and any other elements that may be required by Kiwanis International. After receipt of an individual's application and verification of all required elements, Kiwanis International will review the information and decide, in



**Kiwanis®**

its sole and absolute discretion, whether the individual is accepted to become an SLP district administrator. Kiwanis has no obligation to allow an individual to become an SLP district administrator based solely on a "clear" background check. Denial may be appealed via the process outlined in Procedure 197.

#### **ANNUAL MEETING WITH KEY CLUB AND CKI**

**ADMINISTRATORS:** Each Key Club district administrator and CKI district administrator shall hold an annual meeting, either in person or virtually, with Kiwanis International staff and the district Youth Protection manager to discuss respective Key Club and CKI district events and activities and the status of the respective district Key Club and CKI programs.

**TRANSPORTATION:** When transporting youth, the best practice is the "rule of threes," with at least three people in the vehicle at all times, along with documented approval from a parent or guardian for the transportation arrangements. When both of these conditions cannot be met, one of them should be. All transportation decisions should be made in accordance with local laws and school policies.

#### **USE OF ALCOHOLIC BEVERAGES, TOBACCO, MARIJUANA AND OTHER SUBSTANCES:**

While attending any Kiwanis event that is produced primarily by or for the benefit of youth, adults are expected to refrain from using or being under the influence of alcoholic beverages, tobacco and/or marijuana products, even if prescribed for medicinal use. In addition, the use and/or possession of illegal drugs or the improper/illegal use of legal drugs is prohibited.

**MEDICATIONS:** The possession of prescription and non-prescription medications by youth at a Kiwanis event should be permitted only by the written permission of the parent/guardian.

**REPORTING:** If a Kiwanian observes troubling behavior involving a youth at a Kiwanis event or becomes aware of a situation that is illegal or potentially unsafe for a young person at a Kiwanis event, they must immediately contact the appropriate personnel at the event, as well as provide notification to law enforcement personnel as appropriate. All local, state, provisional and federal laws regarding reporting must be followed. If the Kiwanian becomes aware of the troubling behavior after the event, they must contact leaders of the event and provide notification to law enforcement personnel as appropriate. Kiwanis

International now offers a 24-hour, confidential helpline at 1-866-607-SAFE. The helpline can be used if you think a youth has been harmed or their safety and well-being are at risk.

**PERSONAL INFORMATION:** All documents bearing personal information of any youth attending a Kiwanis event, including registration forms, medical information forms, permission to treat forms, etc., should be treated as confidential. Processes that protect this information must be created, including minimizing the number of people who have access to any such documents. The documents shall be maintained a minimum of three years or longer, as may be required by applicable state/provincial laws and regulations. After the maintenance period has expired, the documents shall be destroyed in a way that maintains confidentiality, such as shredding. The disposal and destruction of all confidential information shall conform to applicable state/provincial laws and regulations.

**YOUTH AND SOCIAL MEDIA:** For any social networking site that involves requesting a connection (such as inviting someone to be a friend on Facebook), adults should never initiate such connections with youth. If a youth requests such a connection from a Kiwanian, the Kiwanian should use their best judgment in responding. Adults should treat their interaction with youth on social networking sites as though the interaction were occurring in public, in front of other adults and young people. In other words, if it would not be appropriate to say something to a young person in public, it should not be said as a comment on a social networking site, either. Kiwanians should refrain from interactions that can be seen as excessive (such as constantly "liking" or commenting on a person's posts on Facebook). Prior to posting any media online, such as photographs, obtain permission from all individuals (or parents, for minors) who appear in that media; it could be illegal to do otherwise. See Kiwanis International Policy B for complete social media guidelines.

**BEHAVIORAL OR HEALTH ISSUES:** Kiwanians are often seen by a young person as adults to trust with personal and/or sensitive information. Kiwanians should refrain from counseling youth and should instead find, or assist the young person in finding, appropriate expert assistance.

**CONFLICTS WITH OTHER RULES:** Whenever these policies conflict with local school policies or rules, or local, state/ provincial or national laws or regulations, the highest applicable standards for conduct shall prevail.

Youth Protection Helpline 866-607-SAFE (7233)



**Kiwanis**

GISLP 123 015

## **Roanoke Kiwanis Aktion Club Partnership**

Kiwanis Aktion Club

Kiwanis Club of Roanoke

Blue Ridge Independent Living Center (BRILC)

History:

Formal Partnerships Created:

Kiwanis Club of Roanoke: 2010

Advisors/Hands-On Supervision

Blue Ridge Independent Living Center (BRILC): 2020

Meeting Location/Coordination

Clinical and Technical Expertise/Guidance

Hands-On Supervision

Operations and Funding:

Meeting Location: BRILC / Twice Per Month

Current Aktion Club Membership:

15 Adults (5 Female / 10 Male)

Advisors:

Kiwanis Club: 5

BRILC: 1

Annual Budget: Kiwanis Club of Roanoke

\$4,700 (Meals, Supplies, Admissions, Misc.)

Outreach / Social Interaction / Empowerment:

Regular Twice-Monthly Meetings (Mondays, 9 AM–12:30 PM)

Occasional Kiwanis Club Lunch Meetings

Field Trips:

Art Museum

Putt Putt

Transportation Museum

Zoo / Discovery Center

Pinball Museum

Local Restaurants

Community Service Workdays:

Kiwanis Nature Park (Landscaping)

Local Greenways (Cleanups)

Second Helping (Merchandise Handling)

Kiwanis Pancake Day (Fundraising)

Ongoing Overall Goals / Challenges / Empowerment / Opportunities:

Social Group Interaction (Internally and Externally)

Personal Counseling (BRILC)

Realtime Accomplishments Through Diverse Service Activities

**BOARD MEETING BRIEFS (October 13)**

Secretary-Treasurer John Montgomery noted that past Kiwanis Club of Danville President Lee Vogler, who was the victim of a much-publicized, serious burning incident in late July, continues to recover and is expected to be discharged from the hospital well ahead of schedule. The Kiwanis Club of Richmond, an outstanding club of comparable size and history to ours, and with which we have a friendly competition, recently announced that it has added 18 members within the past year and now has pulled into a virtual tie with us.

A resignation from former board member Luke Young was accepted with regret on motion from Lee Osborne, second by Jeanne Bollendorf. Luke is moving, taking a new position in Spotsylvania County. A new member application from Tom Bamford was approved on motion by David Hartman (his club sponsor, along with co-sponsor Cheri Hartman), second from Jeff Vick. Tom is retired and lives in downtown Roanoke. Our membership continues at 146.

Board member and Strategic Planning Chair Bill Bestpitch (in absentia) shared the current status report for the fourth quarter of 2024-25 which showed that the respective committees exceeded goals on 21 KPIs. The greatest concern is that we showed a decrease in membership for the year when our goal was to increase by 5.

Based upon extensive work by our grants committee and other service and administrative committee research, our budgets for 2025-26 were approved, with instructions to evaluate and make necessary adjustments midway through the year.

Jeff Vick informed us that Habitat for Humanity is seeking partners for up to 12 volunteers for a community project and he was instructed to come back to the board with specific dates and opportunities. Chris Rouse reported that we are looking into CKI opportunities at Hollins University, Roanoke College and Virginia Western Community College. He will continue to keep us apprised.

Mike McEvoy noted that we are eligible to apply once again for First Fridays

funding (a bi-annual occurrence) and he will see that our club's application is submitted.

--Joyce Montgomery

## Meeting Recordings

Note that club meeting recordings can be found on our YouTube channel [here](#).

## Club Meeting Zoom Info

Here is the [zoom link](#)

Meeting ID: 817 8581 5453

Passcode: 102906

*Please email any potential Kiwanian happenings by 7 pm on Monday to Alex at [abargell@gmail.com](mailto:abargell@gmail.com).*

---

**Please consider sharing this email with a friend!**

 **Forward**

---

## Kiwanian Birthdays

### OCTOBER BIRTHDAYS

October 2 -- Jenny Lee  
October 6 -- John Edwards  
October 8 -- Brooke Tolley  
October 10 -- Valerie Brown  
October 10 -- Eddie Smith  
October 11 -- Frank Longaker  
October 19 -- Lee Osborne  
October 21 -- Don Witt  
October 23 -- Kenny Brooks  
October 25 -- Kevin Reeder  
October 28 -- Rupert Cutler (92!)  
October 31 -- Angela Paplomatas



# Kiwanis® 2025-26

## CLUB OF ROANOKE

### Officers:

Joyce Montgomery,  
President

David Hartman, President-  
Elect

Reif Kessler, Vice President

John Montgomery,  
Secretary-Treasurer

Jeanne Bollendorf, Past  
President

### Directors:

Lee Osborne, President  
Kiwaniis Foundation of  
Roanoke

Bill Bestpitch, 2026

Greg Lionberger, 2026

Alex Barge, 2026

Preston Tyler, 2027

Bert Boyd, 2027

Chris Rouse, 2027

Jeff Vick, 2028

Steve English, 2028

Fred Jeter, 2028



*Copyright © 2025 Kiwanis Club of Roanoke, All rights reserved.*

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

