



Kiwanis®
CLUB OF ROANOKE

October 2025

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"Year of Inspired Action"

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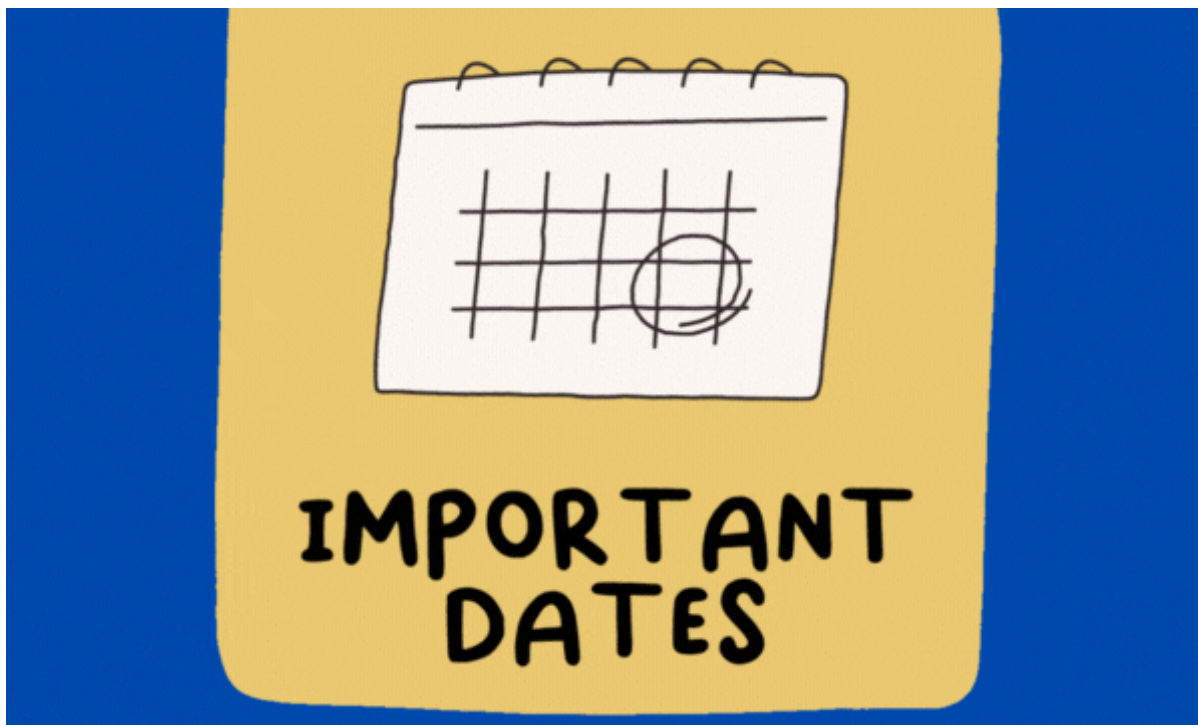
Kiwanian Birthdays

A Year of Inspired Action

Hello Fellow Kiwanians, I hope this message finds you well and energized as we dive into a fantastic year of service. I am thrilled to report that we are off to a truly inspired start with our theme for this year, "A Year of Inspired Action." This theme is more than just a catchy phrase; it's a commitment to purposeful and impactful service. Our first service project will be the Spooky Sprint fundraiser for the West End Center. The event often includes a costume contest, kids' activities, and post-race fun. All proceeds will benefit the students and programs of the West End Center. Please consider signing up for this event: Wasena Park by 7:45 October 25. Wear something "Halloween" and join us to serve our children and community.

~ Joyce Montgomery

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October 15 - (12:30 - 1:30 pm) Club Meeting - Juanita Prada, BeholdBeGold

October 15 - (1:45 pm) Membership Committee Meeting

October 15 - (1:45 pm) SLP Committee Meeting

October 18 - (9 am - 2 pm) Nature Park Exhibit Table

October 18 - (5:30 - 7:30 pm) Fun Social at Explore Park

October 22 - (12:30 - 1:30 pm) Club Meeting - Wesley Bell, Impact Living Services

October 25 - (7:30 am - noon) West End Center Spooky Sprint

October 29 - (12:30 - 1:30 pm) Club Meeting - Natalie Handy, CareForeward

October 29 - (1:45 pm) Environment Committee Meeting

You can always stay up-to-date by checking out the calendar on our [website here](#).

October 15th - Club Meeting, Juanita Prada, BeholdBeGold

Join us Wednesday for our weekly meeting at 12:30 PM in Charter Hall on the third floor of the City Market Building to listen to Juanita Prada, Founder of BeholdBeGold. She will explain how her advocacy platform is empowering childhood cancer survivors, raising awareness, and inspiring change through education, policy, and community partnerships—locally,

nationally, and globally.

Juanita Prada, a two-time cancer survivor, has a Bachelor's degree in Human Development and Family Studies from Virginia Tech. She has worked at CHIP and Carilion Clinic.



Highlights From Our Last Meeting

Most photos are taken by our resident photographer extraordinaire, Don Witt.



Why is Ohio-State Zulauf wearing a Tennessee shirt?



Gary Arrington tells the story of Hunters for the Hungry



Virginia Hunters Who Care receives the speaker honorarium



Kiwanis
CLUB OF ROANOKE

Happenings

Membership Update

The Membership Committee is asking ALL club members to invite one guest to at least one of the October meetings. Help keep our club the largest service club in the Valley!

Calendars are Needed

2026 Calendars are needed for residents at the Salem V A. Please save all those free calendars you receive in the mail and bring them to our meeting. Deposit them in the box on the table near check in. Thank you for helping our veterans! Andree

Fun Social at Explore Park

Fun Committee event. Socialize and enjoy time together at Explore Park; you can opt to hike or bike on the trails, stroll through the buildings, and enjoy the Fall colors. Afterwards, we will meet at 5:30pm for drinks in Brugh Tavern, followed at 6:00pm with dinner in their upstairs dining room. Afterwards, at 7:00pm, we can enjoy desert outside by the fire.

Kiwanis Outreach Opportunity:

On Saturday October 18th there will be a Fall Festival at the Melrose Plaza. Check in at Melrose Library: 2502 Melrose Ave in Roanoke. We will provide an exhibit table from 9 to 2 pm. Please contact Cheri Hartman to sign up for any time slot you can do!!! Any help is welcomed! Email: chartman2423@gmail.com. Come see the fabulous Melrose Plaza and our Nature Park progress. Exciting to be a part of the Melrose Plaza phenomenal developments!

Lobsters

The Kiwanis Club of Lynchburg holds annual lobster's sale, trucking live lobsters from Maine for a pre-order fundraiser. This year the Roanoke Club will join Lynchburg's club in this fundraising event. We will have sign-up sheets on the table and the cost will be \$25 for a live lobster \$26 for cooked. They will be delivered on November 8. The deadline for the orders will be November 4th. This is a fundraiser for our club in that we get about \$10 for each lobster and that will go to our administration budget. Please write a check to Kiwanis Club of Roanoke or pay \$25 cash to Michael Franzese or Joyce Montgomery.

Book Club

Thanks to everyone who joined us on October 8th for the monthly Book Club. Thanks again to Mike Bell for hosting our group. Our next meeting will be on November 12th at 5:30 - Mike Bell has graciously agreed to host us again. All are welcome to join and share about a book you recently read. Please contact Dave and Cheri Hartman for more information.

Kiwanis Key Leader Program (see below) — registration is due by October 31, 2025



SKELTON 4-H EDUCATIONAL CTR

Wirtz, VA

November 14-16, 2025

Information and registration can be found at
[Capital District Key Leader Weekend](#)

WHAT IS KEY LEADER?

Key Leader is designed for today's young leaders. This life-changing event focuses on service leadership as the first, most meaningful leadership-development experience. A Key Leader will learn the most important lesson of leadership—it comes from helping others succeed.



WHO CAN ATTEND KEY LEADER?

Key Leader is designed to open doors to all student leaders and those with leadership potential. The focus is to serve students from 14 to 17 years of age.

FIVE KEYS TO EXCELLENCE

The Key Leader program is built on five essential principles. These principles reflect our mission to inspire young people to achieve their personal best through service leadership:

PERSONAL INTEGRITY: Doing the right thing

PERSONAL GROWTH: Developing in mind, body, and spirit

RESPECT: Showing consideration for self, others, and property

BUILDING COMMUNITY: Developing relationships to achieve positive goals

PURSUIT OF EXCELLENCE: Expecting and achieving the best



AGENDA FOR KEY LEADER

Students arrive between 4:00pm-6:00pm on Friday.

***** NO LATE ARRIVALS OR EARLY DEPARTURES *****

You will depart after 11:30 am on Sunday. Lodging, meals and activities are included and located at the camp. Students participate in large and small activities, with a combination of information, discussion, and interactive events.



Student Participant	\$250	District Board Participant	\$200
Student Facilitator	\$150	District Board Student Facilitator	\$100
Adults	\$125	District Committee Chaperone	Free

HOW MUCH IS KEY LEADER?

Discount Codes and Financial Assistance are available. Please contact the District Chair or Site Coordinator for more information.

HOW DO YOU SIGN UP?

Registration is open. Students and adults attending a Key Leader weekend can complete the form with basic information. **Adults will be required to complete a Background Check in order to stay overnight.**

If there are any questions about registering online, please feel free to reach out to any of the contacts below.



HOW CAN KIWANIS GET INVOLVED?

1) Send a Student to Camp

Help identify a student that has the leadership potentials but needs a small push. You can support them by telling the student or a local educator about the camp, providing a student a ride to the camp or sponsoring a student to attend.

2) Join the Local Committee

Take the time and help the Site Coordinator organize and put on a Key Leader weekend. There are many things that need to get done before the camp.

3) Become a Sponsor or Donate to the Wishlist.

Your help is needed to make the camp a success. Please visit:

<https://secure.givelively.org/donate/capital-district-kiwanis-foundation/cdkf-youth-outreach>

4) GO TO THE CAMP!



FOR MORE INFORMATION

EMILIE PINTO, Site Coordinator

emiliebpinto@gmail.com

KAREN ROBERTS, District Chair

karen.roberts@portsk12.com 757-652-8390

Health & Safety guidelines will be strictly adhered to.



Update from the Kiwanis Nature Park:

See photo of Phase I of our Nature Park amphitheater completion. Stage platform is done; we are ready to install benches. Next step- raise the roof \$\$\$! Kudos to our summer gardeners for your hard work. You won the weed war this season!



Member Updates

At Monday's board of directors meeting, we said good-bye to a member who is moving out of the area and welcomed a new addition to the club:

Luke Young, who has been a Roanoke Kiwanian since 2019, has taken a new job in Spotsylvania County and submitted his resignation from the club effective at the end of September. During his time with us, Luke served a three-year term on the board of directors and chaired the KPAD sales effort. Professionally, he worked as a banking trust officer and an attorney in our community. We wish you the best, Luke.

The board approved the application of new member Tom Bamford, a retiree who moved to the Roanoke Valley seven years ago to be closer to his grandchildren. A graduate of Arizona State University who majored in theater and worked in the radio, television and live theater fields, Tom spent most of his career working for a big-box retailer in the home improvement industry. Tom is sponsored by Dave and Cheri Hartman and lives in downtown Roanoke.

Meeting Recordings

Note that club meeting recordings can be found on our YouTube channel [here](#).

Club Meeting Zoom Info

Here is the [zoom link](#)

Meeting ID: 817 8581 5453

Passcode: 102906

Please email any potential Kiwanian happenings by 7 pm on Monday to Alex at abargell@gmail.com.

Please consider sharing this email with a friend!

 **Forward**

Kiwanian Birthdays

OCTOBER BIRTHDAYS

October 2 -- Jenny Lee
October 6 -- John Edwards
October 8 -- Brooke Tolley
October 10 -- Valerie Brown
October 10 -- Eddie Smith
October 11 -- Frank Longaker
October 19 -- Lee Osborne
October 21 -- Don Witt

October 23 -- Kenny Brooks
October 25 -- Kevin Reeder
October 28 -- Rupert Cutler (92!)
October 31 -- Angela Paplomatas
October 31 -- Michael Franzese



Kiwaniis® 2025-26

CLUB OF ROANOKE

Officers:

Joyce Montgomery,
President

David Hartman, President-
Elect

Reif Kessler, Vice President

John Montgomery,
Secretary-Treasurer

Jeanne Bollendorf, Past
President

Directors:

Lee Osborne, President
Kiwaniis Foundation of
Roanoke

Bill Bestpitch, 2026

Greg Lionberger, 2026

Alex Barge, 2026

Preston Tyler, 2027

Bert Boyd, 2027

Chris Rouse, 2027

Jeff Vick, 2028

Steve English, 2028

Fred Jeter, 2028



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