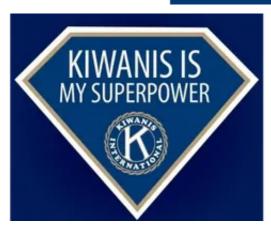
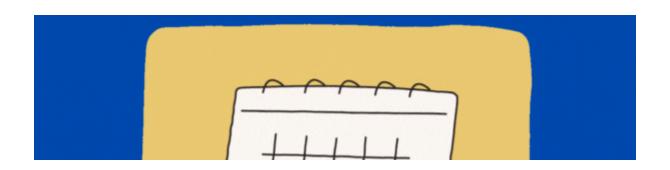


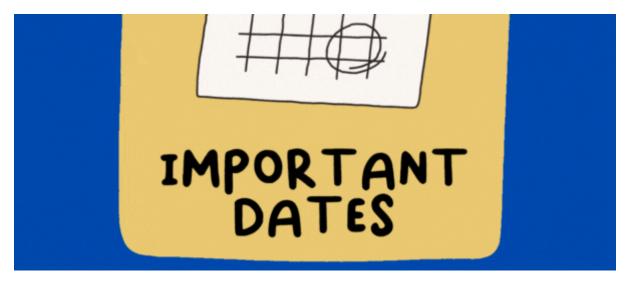
September 2025 Vol. 106 No. 45 *"What is your Superpower"* 



# **In this Issue**

Important Dates
Speakers' Info
Feature Photos
Kiwanis Happenings
Kiwanian Birthdays





**September 3** - NO MEETING

September 10 - (12:30 - 1:30 pm) Sean Cochran - Roanoke College

**September 10 -** (5:30 pm) Book Club Meeting

**September 16 -** (7 pm) Join or Die at the Grandin Theatre

**September 17 -** (12:30 - 1:30 pm) Mikki Barranco - Botetourt County

Chamber of Commerce

**September 17 - (1:30 pm)** SLP Committee Meeting

September 18 - (6 pm) Kiwanis Social at Mill Mountain Theater

September 18 - (1:30 pm) Membership Committee Meeting

September 24 - NO MEETING

September 24 - NO MEETING

You can always stay up-to-date by checking out the calendar on our <u>website</u> <u>here.</u>

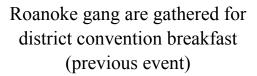
# September 3rd - NO MEETING

# **Highlights From Our Last Meeting**

Most photos are taken by our resident photographer extraordinaire, Don Witt.









New member Michael Franzese is introduced to the club



President Jeanne Bollendorf introduces new member Melissa Woodson



Dr. Nick Rider discusses AI in the medical field



# A message from Harry Zulauf - Membership Chair

Have you invited a guest for lunch tomorrow? Will YOU.....

#### **Kiwanis Committees**

Don't miss your chance to shape our club's future: Sign up for committees!

Kiwanis is more than a club; it's a community dedicated to making a difference. That is why I am putting out a call to all Kiwanians: now is the

time to sign up for a committee for the upcoming year! While we all enjoy our weekly meetings, the real magic happens in our committees—where ideas are born, projects are planned, and our mission to serve the children of the world becomes a reality. It's a fantastic way to connect with fellow members, share your unique skills and talents, and directly contribute to the impactful work our club does.

## **Kiwanis Directory**

If you have changes to your information or need a new photo for next year's directory- please contact Joyce Montgomery 540.354. 6751 or email <a href="mailto:jmcrossroads@cox.net">jmcrossroads@cox.net</a> Don Witt will be available to take pictures at Wednesday meetings if you want a new picture or don't have one in the directory now we can help you with a picture.

#### Calendars are Needed

2026 Calendars are needed for residents at the Salem V A. Please save all those free calendars you receive in the mail and bring them to our meeting. Deposit them in the box on the table near check in. Thank you for helping our veterans! Andreé

# **Book Club Meeting**

Next book club meeting will start at 5:30 pm on September 10th and will be held at Anderson and Reed (1515 Franklin Rd) thanks to Mike Bell's hospitality.

#### **SOCIAL – Mill Mountain Theater**

Join us for a social evening on September 18 at the Mill Mountain Theater. Drinks and hors d'oeuvres will be served on the second floor of the Center In The Square building of the old Harrison Museum if renovations are complete by then, or in the Science museum on the 5th floor beginning at 6:00pm. Million Dollar Quartet will be performed in the Trinkle Main Stage theater at 7:30pm. The cost is \$53.00 for Kiwanis Club members, family, friends, and guests.

Relive the legendary night that made rock 'n' roll history with "Million Dollar Quartet," the electrifying musical by Colin Escott and Floyd Mutrux, featuring the iconic hits of Elvis Presley, Johnny Cash, Jerry Lee Lewis, and

Carl Perkins! Returning for an encore production, Million Dollar Quartet, the smash-hit musical inspired by the famed recording session that brought rock 'n' roll icons Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins together for one unforgettable night. Million Dollar Quartet features a glorious score of rock 'n' roll, gospel, R&B, and country hits, performed live onstage by world-class actors and musicians. Songs include "Blue Suede Shoes," "Fever," "Walk the Line," "Great Balls of Fire," "Hound Dog," and more. Don't miss this irresistible tale of broken promises, secrets, and celebrations that is both heartwarming and hilarious.

#### **Nature Park**

Past presidents Cheri Hartman and Don Witt were seen fighting weeds in the Pollinator Garden as well a volunteer group from Roanoke College.





Junior League Inviting Kiwanis and Other Civic Groups to an Informative Documentary About Community Connections

Join us in embracing optimism and discovering the joy of finding the good in our communities. We are offering a FREE public screening of the documentary Join or Die at the Grandin Theatre on Tuesday, September 16 at 7:00 pm (link to the trailer) Find the Good Day is an opportunity to highlight the incredible work that our organization, our community partners, and other organizations and nonprofits accomplish as we come together and find the good in our community. We need YOUR help to make this event a success. Please plan to join us for this event and invite a friend (or two!) to join. To register for this event, click here.

This necessary return to civic engagement helps all of our organizations and would have a ripple effect throughout our Valley. Following the documentary screening, we will host a panel of visionaries underscoring its theme of civic

engagement. Moderated by the JLRV, we will chat with community builders Xavier Duckett, Lee Hunsaker, and Cheryl Moseley.

). The film theorizes that the decline in civic participation has broken community connections. Examples of this decline include: the disappearance of bowling leagues, shrinking church congregations, and a steep drop in people seeking organizational leadership positions or even attending clubs. It suggests that the best way to build back our communities is reestablishing these connections.

In community and joy, JLRV Leadership Team 2025-2026

#### **Participants Needed for Motor Control Study**

Professor Sean Cochran of Roanoke College - who is speaking to us about using Virtual Reality to improve health outcomes is inviting our Kiwanis Club members to participate in the Roanoke College research. He has sent Cheri Hartman this blurb as an explanation of the study.

Join a research study in the Health and Exercise Science department at Roanoke College exploring how fitness affects upper limb motor performance! Participants will complete a drawing task using both arms under altered visual conditions and then asked to walk for 2 minutes at a comfortable pace, wearing a heart rate monitor. This will be for just one session lasting around 45 minutes. Not only will you be assisting our understanding of how to improve physical rehabilitation protocols, but you will be assisting undergraduate students grow their skillset of becoming independent researchers! Please contact cochran@roanoke.edu for more information.

# **Meeting Recordings**

Note that club meeting recordings can be found on our YouTube channel here.

# **Club Meeting Zoom Info**

Here is the **zoom link** 

Meeting ID: 817 8581 5453 Passcode: 102906

# Please consider sharing this email with a friend!



# Kiwanian Birthdays SEPTEMBER BIRTHDAYS

September 3 Vern Danielsen

September 4 Betsy Bohannon

September 5 Sam Lionberger III

September 7 Jackie Bledsoe

September 8 Jason Poff

September 9 Lee Learman

September 11 Calvin Witt

September 13 Neal Kinsey

September 14 Eric Danielsen

September 16 Ken Briggs

September 16 LeeAnn Reich

September 16 Glenn Pierce

September 21 John Ewart

September 23 Mike Loveman

September 24 Dave Spangler

September 25 James Matthews



## Officers:

Jeanne Bollendorf, President

Joyce Montgomery, President-Elect

David Hartman, Vice President

John Montgomery, Secretary-Treasurer

Mike O'Brochta, Past President

#### Directors:

Lee Osborne, President Kiwanis Foundation of Roanoke Bob Habermann, 2025 Sheila Umberger, 2025 Harry Zulauf, 2025 Bill Bestpitch, 2026 Greg Lionberger, 2026 Alex Barge, 2026 Preston Tyler, 2027 Bert Boyd, 2027 Chris Rouse, 2027









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