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Kiwanis®
CLUB OF ROANOKE

August 2025

Vol. 106 No. 43

"What is your Superpower?"



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Important Dates

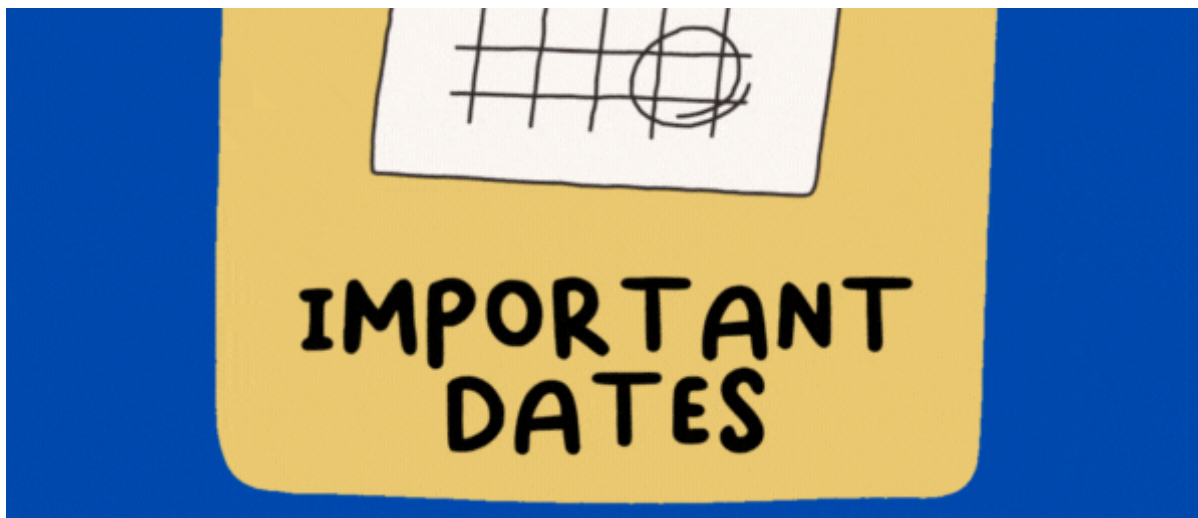
Speakers' Info

Feature Photos

Kiwanis Happenings

Kiwanian Birthdays





August 27 - (12:30 - 1:30 pm) Dr. Nick Rider - VTC School of Medicine

August 27 - (1:30 pm) Environment Committee Meeting

September 3 - NO MEETING

September 10 - (12:30 - 1:30 pm) Sean Cochran - Roanoke College

September 17 - (12:30 - 1:30 pm) TBD

September 17 - (1:30 pm) SLP Committee Meeting

September 18 - (6 pm) Kiwanis Social at Mill Mountain Theater

September 18 - (1:30 pm) Membership Committee Meeting

September 24 - NO MEETING

You can always stay up-to-date by checking out the calendar on our [website here](#).

August 27th - Club Meeting, Dr. Nick Rider, VTC School of Medicine

Join us Wednesday for our weekly meeting at 12:30 PM in Charter Hall on the third floor of the City Market Building to listen to Dr. Nick Rider, Professor at the Virginia Tech Carilion School of Medicine (VTC SOM). Dr. Rider will talk about translating Artificial Intelligence breakthroughs into improved patient care outcomes. He will cover the current state of artificial intelligence in healthcare with a focus on improving patient outcomes through system change. The month of August is dedicated to compelling speakers from VTC SOM.

Dr. Rider is a clinical immunologist with a longstanding interest in caring for patients with immune defects. He has worked at Texas Children's Hospital/Baylor College of Medicine in Houston Texas prior to coming to

Roanoke to work at VTCSOM. His expertise is also in clinical informatics and machine learning for health approaches.



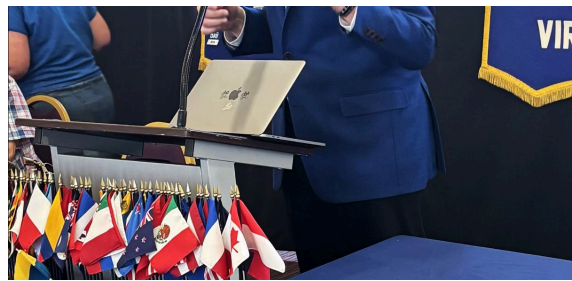
Highlights From Our Last Meeting

Most photos are taken by our resident photographer extraordinaire, Don Witt.





Don Chichester celebrates his 92nd birthday with fellow Kiwanians



Dr Lee Learman introduces the day's program presenters



Dr Jed Gonzalo explains the School of Medicine undergraduate program



Dr. Arthur Ollendorff explains the School of Medicine graduate program



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Happenings

A message from Harry Zulauf - Membership Chair

Have you invited a guest for lunch tomorrow? Will YOU.....

Kiwanis Committees

Don't miss your chance to shape our club's future: Sign up for committees!

Kiwanis is more than a club; it's a community dedicated to making a difference. That is why I am putting out a call to all Kiwanians: now is the time to sign up for a committee for the upcoming year! While we all enjoy our weekly meetings, the real magic happens in our committees—where ideas are born, projects are planned, and our mission to serve the children of the world becomes a reality. It's a fantastic way to connect with fellow members, share your unique skills and talents, and directly contribute to the impactful work our club does.

Kiwanis Directory

If you have changes to your information or need a new photo for next year's directory- please contact Joyce Montgomery 540.354. 6751 or email jmcrossroads@cox.net Don Witt will be available to take pictures at Wednesday meetings if you want a new picture or don't have one in the directory now we can help you with a picture.

Calendars are Needed

2026 Calendars are needed for residents at the Salem V A. Please save all those free calendars you receive in the mail and bring them to our meeting. Deposit them in the box on the table near check in. Thank you for helping our veterans! Andree

Roanoke Kiwanis Club Places First in Ducky Derby Ticket Sales

I'm thrilled to announce that the Roanoke Kiwanis Club took first place in Ducky Derby ticket sales! Our division also went above and beyond, beating all other divisions by over \$1,000. I am incredibly proud of our club and our division, and I want to express my sincere thanks for your amazing support.

While no one from our club won the drawings, your contributions are making a real difference. Your support directly benefits the 11 pediatric trauma hospitals in our district, and that is a victory we can all be proud of.

Don Witt, President, Capital District Kiwanis Foundation

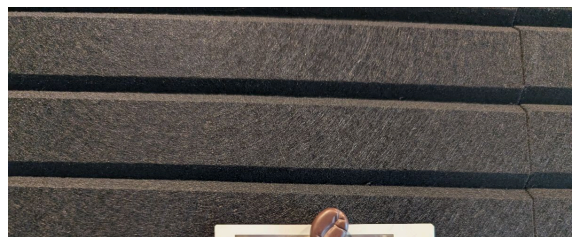
SOCIAL – Mill Mountain Theater

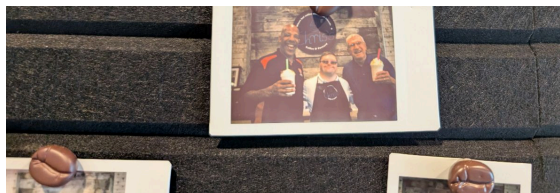
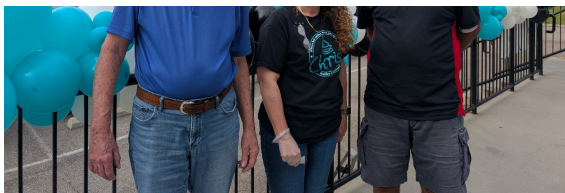
Join us for a social evening on September 18 at the Mill Mountain Theater. Drinks and hors d'oeuvres will be served on the second floor of the Center In The Square building of the old Harrison Museum if renovations are complete by then, or in the Science museum on the 5th floor beginning at 6:00pm. Million Dollar Quartet will be performed in the Trinkle Main Stage theater at 7:30pm. The cost is \$53.00 for Kiwanis Club members, family, friends, and guests.

Relive the legendary night that made rock 'n' roll history with "Million Dollar Quartet," the electrifying musical by Colin Escott and Floyd Mutrux, featuring the iconic hits of Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins! Returning for an encore production, Million Dollar Quartet, the smash-hit musical inspired by the famed recording session that brought rock 'n' roll icons Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins together for one unforgettable night. Million Dollar Quartet features a glorious score of rock 'n' roll, gospel, R&B, and country hits, performed live onstage by world-class actors and musicians. Songs include "Blue Suede Shoes," "Fever," "Walk the Line," "Great Balls of Fire," "Hound Dog," and more. Don't miss this irresistible tale of broken promises, secrets, and celebrations that is both heartwarming and hilarious.

Chris's Coffee

Below, Ken Briggs and Chris Rouse are with Beth Woodrum. Ken and Chris met on Saturday to discuss some SLP business and to participate in a celebration at Chris's Coffee and Custard on behalf of the Kiwanis Club of Roanoke. We also had the opportunity to meet Chris and take a selfie, which is now displayed on the wall at their current location in SE Roanoke.





Participants Needed for Motor Control Study

Professor Sean Cochran of Roanoke College - who is speaking to us about using Virtual Reality to improve health outcomes is inviting our Kiwanis Club members to participate in the Roanoke College research. He has sent Cheri Hartman this blurb as an explanation of the study.

Join a research study in the Health and Exercise Science department at Roanoke College exploring how fitness affects upper limb motor performance! Participants will complete a drawing task using both arms under altered visual conditions and then asked to walk for 2 minutes at a comfortable pace, wearing a heart rate monitor. This will be for just one session lasting around 45 minutes. Not only will you be assisting our understanding of how to improve physical rehabilitation protocols, but you will be assisting undergraduate students grow their skillset of becoming independent researchers! Please contact cochran@roanoke.edu for more information.

Meeting Recordings

Note that club meeting recordings can be found on our YouTube channel [here](#).

Club Meeting Zoom Info

Here is the [zoom link](#)

Meeting ID: 817 8581 5453

Passcode: 102906

Please email any potential Kiwanian happenings by 8 pm on Monday to Alex at abargell@gmail.com.

Please consider sharing this email with a friend!

 **Forward**

Kiwanian Birthdays

AUGUST BIRTHDAYS

August 3 – Mike O’Brochta

August 4 – My Chung

August 6 – Amy Carter

August 9 – Cynthia Gray

August 11 – Alex Barge

August 11 – Guy Byrd

August 12 – Lance Bowen

August 12 – Nancy Horn

August 12 – Harry Zulauf

August 18 – Rachel Hopkins

August 19 – John Pendleton

August 21 – Nick Hagan

August 23 – Don Chichester (92!)

August 29 – Alex Bowman



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Alex Barge, 2026

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