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**Kiwanis®**  
CLUB OF ROANOKE

August 2025

Vol. 106 No. 43

*"What is your Superpower?"*



### **In this Issue**

Important Dates

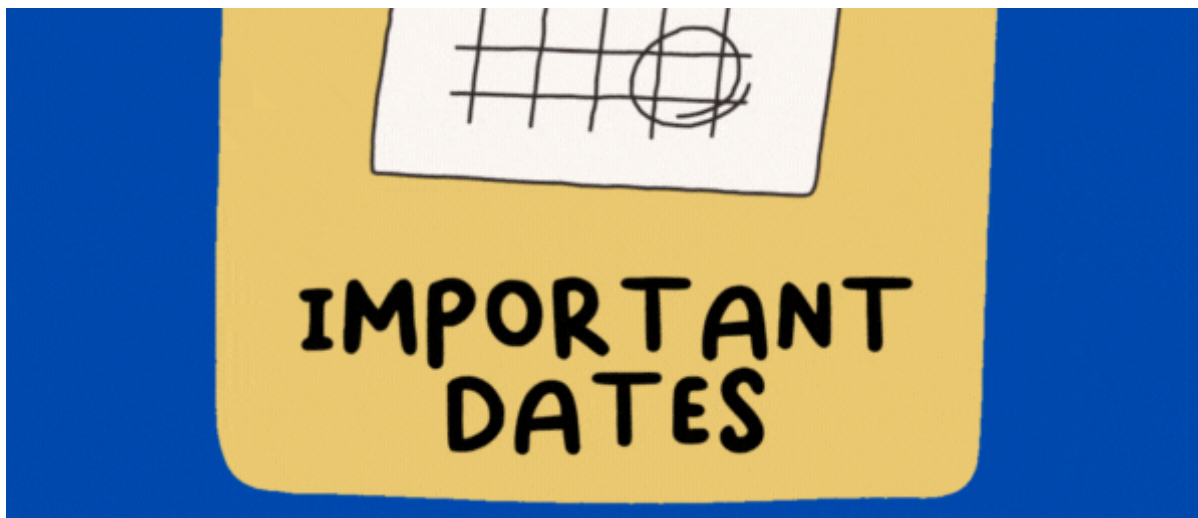
Speakers' Info

Feature Photos

Kiwanis Happenings

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**August 20** - (12:30 - 1:30 pm) Drs. Jed Gonzalo & Arthur Ollendorff - VTCSOM

**August 20** - (1:30 pm) Membership Committee Meeting

**August 27** - (12:30 - 1:30 pm) Dr. Nick Rider - VTC School of Medicine

**August 27** - (1:30 pm) Environment Committee Meeting

**September 3** - NO MEETING

**September 10** - (12:30 - 1:30 pm) Sean Cochran - Roanoke College

**September 17** - (12:30 - 1:30 pm) TBD

**September 18** - (6 pm) Kiwanis Social at Mill Mountain Theater

**September 18?** - (1:30 pm) Membership Committee Meeting

**September 24** - NO MEETING

You can always stay up-to-date by checking out the calendar on our [website here](#).

## **August 20th - Club Meeting, Dr. Jed Gonzalo & Dr. Arthur Ollendorff, VTC School of Medicine**

Join us Wednesday for our weekly meeting at 12:30 PM in Charter Hall on the third floor of the City Market Building to listen to Dr. Jed Gonzalo, Senior Associate Dean for Medical Education and Dr. Arthur Ollendorff, Associate Dean for Graduate Medical Education; both are from the Virginia Tech Carilion School of Medicine (VTCSOM). The month of August is dedicated to compelling speakers from VTCSOM.

Drs. Gonzalo and Ollendorff will discuss how VTCSOM and Carilion Clinic, through their medical education programs, help strengthen the local and

regional physician workforce.

Dr. Gonzalo received his MD degree from the Penn State College of Medicine in 2006, and completed his internal medicine and chief residency at the Beth Israel Deaconess in Boston, where he was Instructor at the Harvard Medical School. Dr. Ollendorff is an OB/GYN and addiction medicine specialist with a career focus on improving access and quality of care through partnerships between communities and medical education.

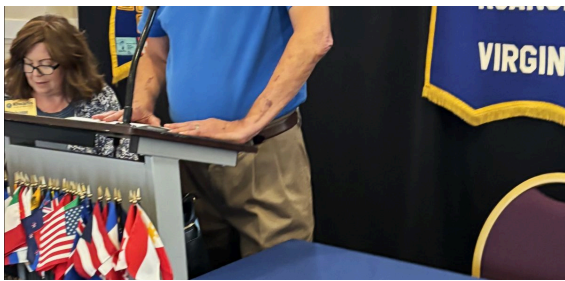


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## Highlights From Our Last Meeting







Harry Zulauf explains why he joined Kiwanis



Guest "bragger," Lisa Spencer, announces Local Colors event



Steve McGraw presents J.C. Taylor's check to the Foundation President's Fund



Speaker, Dr. Learman, describes the growth of the Va Tech Carilion School of Medicine



**Kiwanis**  
CLUB OF ROANOKE

Happenings

### **A message from Harry Zulauf - Membership Chair**

Have you invited a guest for lunch tomorrow? Will YOU.....

### **Kiwanis Committees**

Don't miss your chance to shape our club's future: Sign up for committees!

Kiwanis is more than a club; it's a community dedicated to making a

difference. That is why I am putting out a call to all Kiwanians: now is the time to sign up for a committee for the upcoming year! While we all enjoy our weekly meetings, the real magic happens in our committees—where ideas are born, projects are planned, and our mission to serve the children of the world becomes a reality. It's a fantastic way to connect with fellow members, share your unique skills and talents, and directly contribute to the impactful work our club does.

### **Kiwanis Directory**

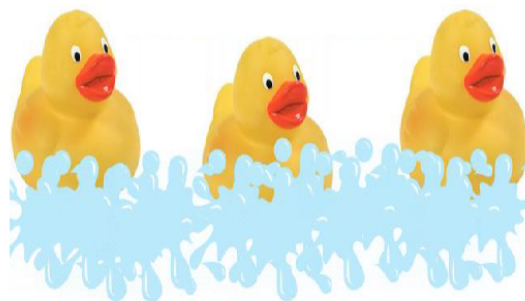
If you have changes to your information or need a new photo for next year's directory- please contact Joyce Montgomery 540.354. 6751 or email [jmcrossroads@cox.net](mailto:jmcrossroads@cox.net) Don Witt will be available to take pictures at Wednesday meetings if you want a new picture or don't have one in the directory now we can help you with a picture.

### **Calendars are Needed**

2026 Calendars are needed for residents at the Salem V A. Please save all those free calendars you receive in the mail and bring them to our meeting. Deposit them in the box on the table near check in. Thank you for helping our veterans! Andree

### **Ducky Derby**

Info below, [click here to purchase tickets online!](#)



**Ducky Derby 2025 - Tickets are available now!**

All proceeds raised through the Ducky Derby sales supports the eleven pediatric trauma centers supported by the Capital District Kiwanis

Foundation.

**DRAWING DATE: Saturday, August 23, 2025**

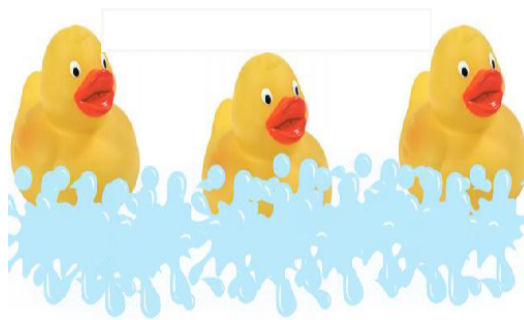
(Immediately following the House of Delegates session)

**Cash Prizes: \$750, \$500, \$250 and a variety of \$50 gift cards  
to various retail stores and restaurants.**

**Minimum Donation: \$5.00 for 10 tickets**

Purchase your tickets online at the website below:

<https://f03.site.kiwanis.org/fundraising/ducky-derby/>



**Ducky Derby Chairman: Charles Marks**

**Email: [charles.marks4@verizon.net](mailto:charles.marks4@verizon.net) Cell phone: 302-236-4878**

### **SOCIAL – Mill Mountain Theater**

Join us for a social evening on September 18 at the Mill Mountain Theater. Drinks and hors d'oeuvres will be served on the second floor of the Center In The Square building of the old Harrison Museum if renovations are complete by then, or in the Science museum on the 5th floor beginning at 6:00pm. Million Dollar Quartet will be performed in the Trinkle Main Stage theater at 7:30pm. The cost is \$53.00 for Kiwanis Club members, family, friends, and guests.

Relive the legendary night that made rock 'n' roll history with "Million Dollar Quartet," the electrifying musical by Colin Escott and Floyd Mutrux,



featuring the iconic hits of Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins! Returning for an encore production, Million Dollar Quartet, the smash-hit musical inspired by the famed recording session that brought rock ‘n’ roll icons Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins together for one unforgettable night. Million Dollar Quartet features a glorious score of rock ‘n’ roll, gospel, R&B, and country hits, performed live onstage by world-class actors and musicians. Songs include “Blue Suede Shoes,” “Fever,” “Walk the Line,” “Great Balls of Fire,” “Hound Dog,” and more. Don’t miss this irresistible tale of broken promises, secrets, and celebrations that is both heartwarming and hilarious.

### **Pollinator Garden**

Last Friday, Jason Poff, Bert Boyd and Chris Rouse spent sometime working at the garden.



## **Red Sox**

Winning KPAD ticket sales team, Legendary Transformers, won the opportunity to enjoy Don Wilson's suite at the Salem Red Sox game!



## **Participants Needed for Motor Control Study**

Professor Sean Cochran of Roanoke College - who is speaking to us about using Virtual Reality to improve health outcomes is inviting our Kiwanis Club members to participate in the Roanoke College research. He has sent Cheri Hartman this blurb as an explanation of the study.

Join a research study in the Health and Exercise Science department at Roanoke College exploring how fitness affects upper limb motor performance! Participants will complete a drawing task using both arms under altered visual conditions and then asked to walk for 2 minutes at a comfortable pace, wearing a heart rate monitor. This will be for just one session lasting around 45 minutes. Not only will you be assisting our understanding of how to improve physical rehabilitation protocols, but you will be assisting undergraduate students grow their skillset of becoming independent researchers! Please contact [cochran@roanoke.edu](mailto:cochran@roanoke.edu) for more information.

## **Meeting Recordings**



Note that club meeting recordings can be found on our YouTube channel [here](#).

### **Club Meeting Zoom Info**

Here is the [zoom link](#)

Meeting ID: 817 8581 5453

Passcode: 102906

*Please email any potential Kiwanian happenings by 8 pm on Monday to Alex at [abargell@gmail.com](mailto:abargell@gmail.com).*

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**Please consider sharing this email with a friend!**

 **Forward**

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### **Kiwanian Birthdays**

#### **AUGUST BIRTHDAYS**

August 3 – Mike O’Brochta

August 4 – My Chung

August 6 – Amy Carter

August 9 – Cynthia Gray

August 11 – Alex Barge

August 11 – Guy Byrd

August 12 – Lance Bowen

August 12 – Nancy Horn

August 12 – Harry Zulauf

August 18 – Rachel Hopkins

August 19 – John Pendleton

August 21 – Nick Hagan

August 23 – Don Chichester (92!)

August 29 – Alex Bowman

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**Kiwaniis**  
CLUB OF ROANOKE

2024-25

Officers:

Jeanne Bollendorf, President  
Joyce Montgomery, President-Elect  
David Hartman, Vice President  
John Montgomery, Secretary-  
Treasurer  
Mike O'Brochta, Past President

Directors:

Lee Osborne, President, Kiwanis  
Foundation of Roanoke  
Bob Habermann, 2025  
Sheila Umberger, 2025  
Harry Zulauf, 2025  
Bill Bestpitch, 2026  
Greg Lionberger, 2026  
Alex Barge, 2026  
Preston Tyler, 2027  
Bert Boyd, 2027



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