



Kiwanis
CLUB OF ROANOKE

April 2024
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'OUTREACH'

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31 Flavors

by Mike O'Brochta

Since we just elected new Board members and Officers, I wanted to take a moment to focus on that subject. Those of a certain age, and we have plenty of those in our Kiwanis Club, can remember the successful advertising campaign by the Baskin-Robbins ice cream company; likely many others can too. Founded in 1945, and now with more than 8,000 locations, it is the world's largest chain of ice cream specialty shops. The company is known for its "31 flavors;" a different flavor every day of the month. That company has been hugely successful. How? Business publications and academic journals routinely attribute much of the success for the company on the actions of its Board. It is reported that their Board has been comprised of strong individuals who took seriously over time their mandate to set and manage the direction of the company.

That is my kind of Board. According to official Kiwanis International

publications, our Club Board is chartered to run the Club; it is an operations Board. While the roles of Club President, and the roles of other Officer positions in the Club are important, it is the Board that makes the decisions; each Club Officer and the President have but one vote in the process. The Board runs the Club.

Consequently, it is in the Club's interest to have qualified strong Board members who are actively engaged in performing their official leadership responsibilities. Board members can achieve when the Club membership is actively engaged in communicating with them, and vice versa. We just voted into office another strong set of Board members; know who they are and engage them in conversation about Club matters of importance; expect them to do the same.

Let's act on our theme – Outreach!



**Kiwanians, the 29th Annual Pancake and Auction Day
is this Saturday, May 4th!**

Thanks to everyone who has signed up to work a shift or sold tickets or both!

A few reminders as we reach for the stars:

1) Club members, you can still volunteer! Friends and family are also welcome. Just use this link to sign up:

<https://signup.com/client/invitation2/secure/1044093566061/true#/invitation>

2) Ticket money is still being accepted! You can turn in funds this Wednesday, May 1st, as well as the two Wednesday's after KPAD. John Montgomery will also accept ticket money the day of the event.

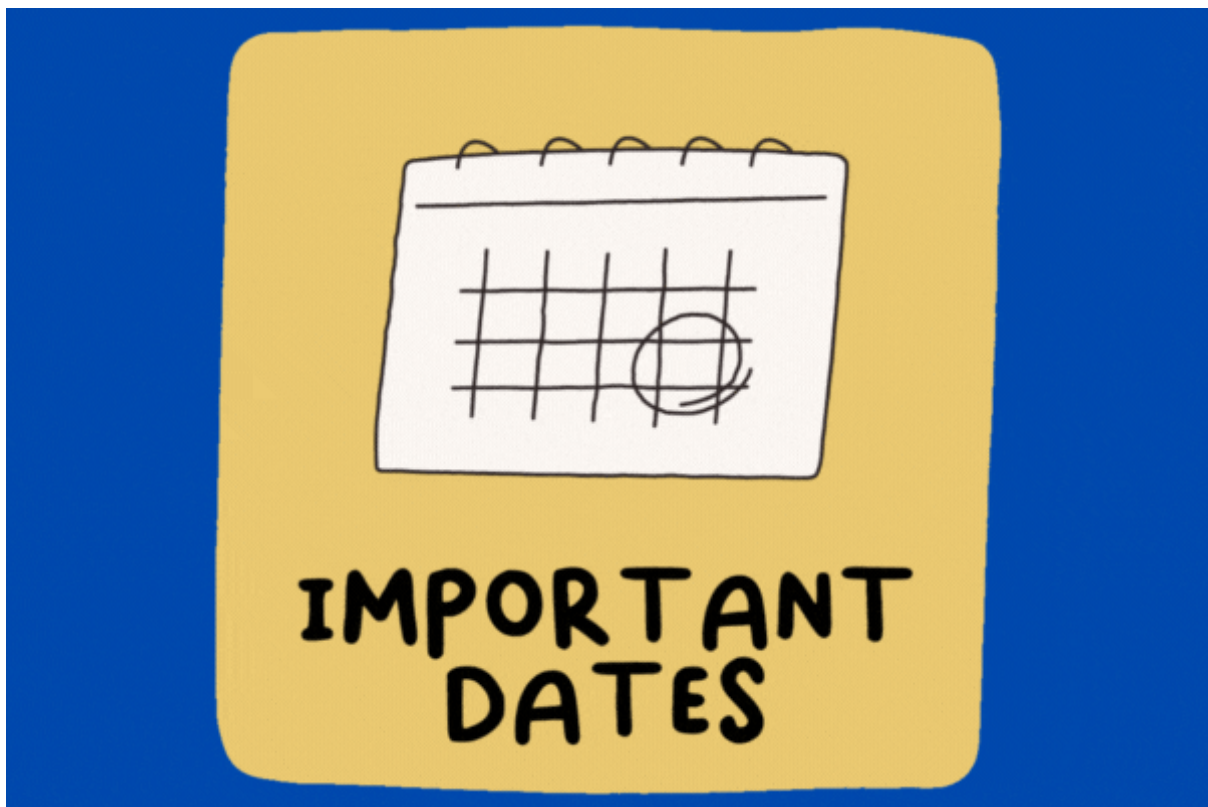
3) Volunteer check-in will again be at the top of the stairs heading down to Berglund Hall.

4) Most importantly - if you are working anywhere around the food (cooking, transporting, serving, etc.) you must wear a hat or hair net. We will have hair nets if needed but bring a hat!

My thanks and appreciation to the entire Club. May the Force be with you!

Mike McEvoy

Operations Manager



May 1 - (12:30 - 1:30 pm) Club Meeting, Scotti Hartman, Good Sam Hospice

May 2 - (6:45 - 8:30 am) Kiwanis Interfaith Prayer Breakfast

May 3 - (8 am - 4 pm) KPAD Set-up

May 4 - Kiwanis Pancake Day

May 5 through 8 - (9 am - 6 pm) Star Auction

May 8 - (12:30 - 1:30 pm) Club Meeting, Stefanie Manbeck, MAM Farms

May 15 - (12:30 - 1:30 pm) Club Meeting, High School Scholarship Awards

May 15 - (6 pm) Book Club Meeting

May 18 - (9 am - noon) Kids' Fishing Day

May 22 - (12:30 - 1:30 pm) Club Meeting, Xavier Duckett, Humble Hustle

****Invite a Young Professional Day****

May 29 - No Meeting

June 1 - Spring FunDay

You can always stay up-to-date by checking out the calendar on our [website here](#).

May 1 - Club Meeting, Scotti Hartman, Good Sam Hospice

Scotti Hartman will be presenting the service lines of Good Samaritan, the only community based nonprofit hospice in the region. She will introduce the Center for Caring, the first and only freestanding hospice house in southwest Virginia.

Scotti Hartman is Vice President of Business Development at Good Samaritan Hospice, having joined the team in 2022. A graduate of Roanoke College and the Management Institute, Scotti has been in healthcare for nearly 30 years. Scotti is President of the Salem Rotary Foundation, Chairman of the YMCA Board of Directors and Annual Campaign, a member of the Roanoke Regional Chamber Board of Directors, and a Certified Fund Raising Executive. Wife to Howard and Mama to Jackson, Scotti enjoys tailgating, entertaining, decorating, and anything to do with Glenvar Football.



May 8 - Club Meeting, Stefanie Manbeck, MAM Farms

Stefanie will cover the ins and outs of raising beef cattle in Botetourt County.

MAM Farms raises both seed and freezer beef for local families. We will cover the misconceptions in beef labeling and what it actually looks like to purchase local beef.

Stefanie is a 1st generation farmer, married to a 3rd generation farmer, raising 3 children and Angus beef cattle in Botetourt County. In her off the farm job she serves as the Exec Director of the Virginia Angus Association and Policy Specialist at Cattlemen's Insurance Agency.



Highlights from our last meeting



David Points receives President Mike's Outreach Award



Luke Young shows off his grandfather's Kiwanis Outstanding Leadership award, 1978, Idaho Falls, Idaho



Early birds chat before the meeting starts



Speakers Chad Braby and Tom Carr receive honorarium for Roanoke Star Cycling



Kiwanis
CLUB OF ROANOKE

Happenings

Meeting Set-Up and Break-Down

Our weekly meeting set-up and break-down committee, led by John Ewart and Joe Lemmer, is in immediate need of a dependable volunteer who can assist with the hanging of the Kiwanis banners and related effort.

Volunteers Needed for AV Committee

We're looking for club members to join our Meeting Zoom Committee as backup volunteers. If you're interested in helping out during our weekly meetings, please consider signing up. The task involves simple procedures: setting up cell phones on tripods to face the speaker's podium and sometimes overhead screen, and we ensure all new volunteers receive full training. No prior experience is needed! This is a great way to get more involved and ensure our events run smoothly. If interested, please contact Stephanie Moon Reynolds at (540) 556-0976 or [msmoon2201@msn.com](mailto:mymoon2201@msn.com). Looking forward to working with you.

Latest News from the Pancake Republic

Best week of the year SO FAR!

We now stand at \$ \$33,673.60 after the fantastic turn-in of \$7,166 last week.

Ben Spiker paced the effort with a cool \$2K turn-in. Rupe Cutler still leads for the year at \$3,375 (after this week, he's gone above that amount!)

Joe Lemmer's team, The Droids, still holds the team lead, but Lois James and the Death Star Destroyers are closing fast.

****Please be sure to sign up to volunteer - we are less than 1 week away from the event and still have open volunteer shifts ****

TEAM STANDINGS AFTER WEEK SEVEN

C-3PO, The Droids \$7,749.50
Death Star Destroyers \$6,581
Ewoks \$5,195
Galactic Guardians \$5,048
Luke 4 \$4,946
Rogue Squadron \$4,094
Aktion Club \$60

TOP 5 THIS WEEK

Ben Spiker \$2,000
Vern Danielsen \$825
J.C. Taylor \$800
Reif Kessler \$653
Rupe Cutler \$475

TOP INDIVIDUALS TO DATE

Rupe Cutler \$3,375
Ben Spiker \$2,400
Mike Loveman \$1,400
Lois James \$1,150
J.C. Taylor \$1,000
John Pendleton \$850
Vern Danielsen \$825
Don Witt \$807
Dave Bowers \$705
Cheri Hartman \$700
Dave Hartman \$700
Dave Spangler \$700

We are providing some great rewards and incentives for those who turn in sales money -

* Anyone who turns in \$350 automatically receives one of our new

Roanoke Star ornaments

- * We are entering individuals into a prize drawing - everyone who sends in \$350 is entered to win a vintage ruby & moonstone bracelet!
- * The individual who sells the most tickets will win a fabulous prize - we know what it is, but you don't - let's just say it's one of a kind
- * The sales captain for the winning team will win a Date Night! Dinner at Billy's and tickets to Cabaret at Mill Mountain Theatre

KPAD Raffle

No auction this year, but a raffle for 30ish great items that KPAD attendees can buy a chance at! Please let your teams know that items should be valued at \$25 or higher, new or like new, drop items at Roanoke Valley Speech & Hearing, and be sure to let your team captain know you have donated - for every raffle item received, the team will be given 25 points! Items can be dropped off at Roanoke Valley Speech and Hearing Center Monday - Thursday from 8:00 am - 5:30 pm or on Fridays from 8:00 - 12. These can be gift certificates, collectible sets, jewelry, etc. Contact me if they want to discuss beforehand: 303-386-6551 or leeannlinkenhoker@gmail.com

Kiwanis Club of Roanoke Book Club

Shifting gears! Book recommended last meeting for the book club is very hard to find - Dave and I did get it via audio format and found it very challenging to finish. So -- we return back to our original vision for the Book Club -- READ WHAT YOU LIKE! join us on May 15th to share with us why you appreciated the book, what impressed you about the author's writing, and key highlights of the book.

Hope to see you on May 15th at 6 pm at the South County Public Library!

Save the Date - Spring FunDay at our Kiwanis Centennial Playground IS June 1ST!

This year's Fun Day will be held on Saturday, June 1 at the Melrose Library and the Envision Center (old Melrose Library) from 10 AM - 3 PM. It will feature multiple agency and organizational activities and entertainment for children and adults, and food and drink will be provided to an anticipated 1,000 people in the immediate area.

Therefore, we need 8 - 10 Kiwanians to help with shelter/tent set up and take down, the distribution of portable cardboard trash cans and other such activities beginning at 8 AM that morning.

For these purposes, our volunteer gathering place will be in front of the Melrose Library at 8AM on Saturday, June 1.

We will also need the use of 4 or 5 shelters/tents in an area adjacent to the Envision Center, so if those are available for use from our membership and friends that day, that would be extremely helpful.

Event opens to the public at 11:00 am. Help us again needed at the end of event time between 2:30 and 3:30 pm. We also need volunteers throughout the day at a Kiwanis exhibit table and at the Nature Park and the Welcome table. Please sign up for a shift between 8:30 to 11:30; 11:30 to 2:00 or between 1:30 and 3:30.

Also, if anyone can provide tents/shelters for our use on Saturday, June 1, please let me know.

Thanks!

Steve McGraw

Kiwanis in the news!

Kiwanian Jeanne Bollendorf shared information about who we are and about KPAD on WFIR, you can [listen here!](#)

You can check out our partner with Savvy Events discussing the craft fair and [KPAD here!](#)

Meeting Recordings

Note that club meeting recordings can be found on our YouTube channel [here.](#)

Club Meeting Zoom Info

Here is the [zoom link](#)

Meeting ID: 817 8581 5453

Passcode: 102906

April 27th Nature Park Planting

Kiwanis volunteers were joined by residents on April 27th, who live in walking distance of our Kiwanis Nature Park to expand the Wildflower Pollinator Garden with black eyed Susie's, purple bee balm, and other fabulous native perennials. What a joy - all the hands making the planting a one morning accomplishment! Bushes to be planted post-KPAD on May 6th - if you wished helping and had to miss. Message me! Cynthia Gray - our garden guru- and her son are such a wealth of wisdom! New Kiwanian Adeline Lucchesi created a photo directory of our garden's beauties. Thank you, Addie!





May 2nd Interfaith Prayer Breakfast

Dear fellow Kiwanians,

What an inspiring program we have in store for us on May 2nd at our annual Kiwanis Interfaith Prayer Breakfast with Dr. Lee Learman (dean of the Va Tech Carilion School of Medicine, active member of Temple Emanuel), as our keynote speaker. The theme "Light Up the Darkness" will offer illumination to us all as we reflect on these conflict-ridden times and how we can help bring light into our world. Jackie Bledsoe's church has prepared our event flyer that you can share with your family, friends, places of worship. Thank you to Jeanne Bollendorf for creating the jpg version attached here that is easy to post on social media. Please share the flyer as you reach out to invite your friends.

The Kiwanis Club of Roanoke website is handwritten at the bottom of the flyer. At the website interested parties can leave their contact information-which we track. If you need someone to drop by with tickets for you - let Cheri Hartman know! She will work with the ticket sellers to offer hand delivery! Ken Briggs and Bruce Swanson will have tickets for sale at our club meeting this Wednesday, April 17th and on April 24th. We can all get a batch of Prayer Breakfast tickets we plan to sell from Ken or Bruce. Person to person selling of tickets and personal invitations to attend are the most effective form of outreach for this event. Please emphasize that if you buy a

ticket and don't plan to come, let us know! We would like to tally an accurate "head count" for our caterer.

Hope to see you there at the Kazim Temple at 628 Campbell Avenue on this National Day of Prayer (May 2nd): 6:45 am buffet line opens (catered by our own Amy Carter, an inclusive breakfast - something for everyone!) Cost is \$8 per ticket - please purchase yours in advance!

Dave Hartman, Chair, Kiwanis Interfaith Prayer Breakfast Committee
A BIG THANK YOU TO OUR EVENT SPONSOR = HOWELL'S MOTOR
FREIGHT

Light Up the Darkness



Join Kiwanis as we celebrate our annual
Interfaith Prayer Breakfast

Thursday, May 2, 2024 6:45am-8:30am \$8.00

Kazim Temple 628 Campbell Avenue Roanoke VA (free parking in back)

Join us in learning about the many faiths in the Roanoke Valley. Ministers of different faiths will facilitate discussions at each table. *Our Keynote Speaker for 2024 is Dr. Lee Learman MD. Music provided by Judy Clark.*
A thank you to our sponsor, Howell's Motor Freight!



For tickets contact any Kiwanian or roanokekiwanisclub.org

Update from scholarship recipient

Another semester of graduate school is complete, so I thought it would be time to check in and send another update. This semester was definitely challenging due to tragedies happening on UGA's campus, a breakup, and moving qualms (again). But as these events unfolded on top of the hardships of graduate school- they showed me how resilient I am. I feel like I have grown so much this past semester, and I am so grateful for where I am- here at UGA (top #3 forestry school!)

This semester I had quite a busy schedule: balancing four classes, writing my thesis proposal, teaching dendrology, and beginning my experiments- it was a lot. The classes I took this semester were largely centered around forest health- a field that I would like to continue pursuing in a future PhD. Forest health is definitely my research passion, and an important, and reoccurring issue (hoping that brings some job security for me!).

This semester I taught dendrology lab, teaching 14 undergraduate students over 150 different tree species. Teaching this class was such a fun experience, I loved getting to know the students, seeing them learn and grow, and learning new trees myself! I am excited to TA the same course again in the fall. It will be interesting to teach the trees with the leaves on them already- as my students had to learn off solely the bark and buds at first.

I have finished most of my class requirements for an MS in Forest Biology, and am looking forward to being able to dedicate more of my time towards my research. My research is looking at ways to enhance somatic embryogenesis for North American ash species, with an emphasis on Oregon ash- to make this clonal propagation technique more practical for reforestation initiatives. Currently, I am running experiments with a gas chromatograph, looking at headspace gas emissions of plantlets in germination to better understand the role ethylene can play in plant growth and development. I will say... it has been quite an emotional experience, seeing my Oregon ash seedlings grow into plantlets- from what was once just a clump of cells on a petri plate.

I have also been saying "yes" a lot more this semester- and have made wonderful friends, picked up new hobbies, and explored more of North Georgia. My friends and I regularly go to trivia, and last week we actually got 3rd!! We are quite bad at trivia so this was a monumental event for us. I also learned how to crochet, and have been hosting BYOC (Bring Your Own Craft) nights with my co-advisors lab every Sunday evening. It has been so nice continuing to foster my friendships and further grow my community here in Athens.

In other news, I was elected to be Secretary of the Warnell Graduate Student Association, and am excited to give back to the Warnell community in this role next year! I love my school and feel honored that my peers voted for me, to help make Warnell an even better place. I will also be presenting a poster at SFWHC (Southern Forest Health Work Conference) in Greenville, SC this summer. I am excited to further my research, and make more connections

with people in the forest health field.

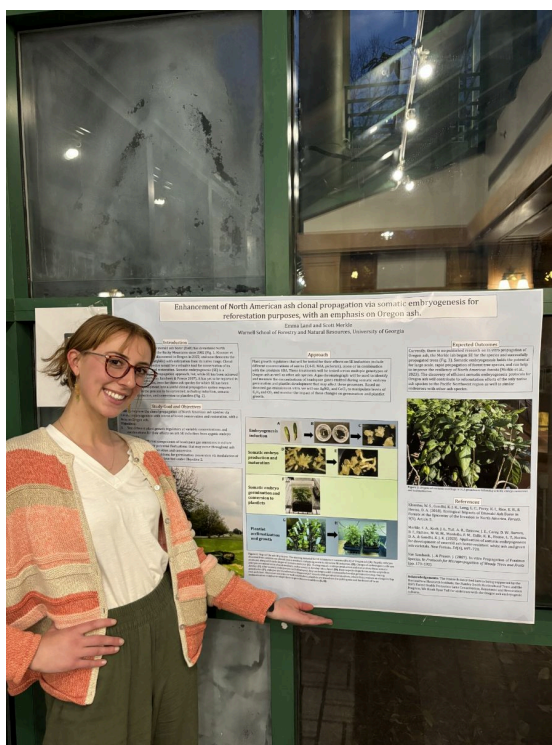
I plan to graduate with my MS next summer, and will start looking at PhD positions come this fall- exciting and scary!

Overall, this semester was tough, long, and filled with the unexpected. But I have learned so much about my research, myself, and Georgia. I am looking forward to what's to come!

I hope you all are well, and please share any exciting life updates with me! I appreciate the people who have helped me get to where I am now, so thank you again for your help along the way- I wouldn't be here without the kind folks from Roanoke College, and the Roanoke community. Have a good weekend!

With kind thoughts,

Emma Land (she/her)
Graduate Student MSc Forestry and Natural Resources
University of Georgia



Meals on Wheels Volunteers Needed!

Marye Brooks, the route coordinator for Meals on Wheels Rt 15 beginning at the Vinton Baptist Church, has indicated a need for additional volunteers to drive the routes. If you are available and interested please reach out to Don

Wilson, our Kiwanis MOW contact person and he can hook you up. This is a meaningful service to those who receive the meals, it is additionally a simple well check on some really nice folks who are always happy to connect.

Please consider this opportunity to “Share the K!” See below for the details.

~ Ben Spiker, Immediate Past President

These are the openings for the route you run each month, 13 potential clients for delivery.

First Tuesday

First Thursday

First Friday

Third Tuesday

Third Thursday

Fourth Tuesday

Fourth Wednesday

Third Thursday

Fifth Tuesday

Outreach Awards (initiative and follow through):

- Greg Lionberger
- Cheri Hartman
- Bart Wilner
- Harry Zulauf
- Bill Bestpitch
- Keith Hartman
- Bob Habermann
- Eric Sichau
- Sam Lionberger III
- David Points



Nominating Committee announcement

Congrats to those who were voted to serve on the Board of Directors: FY 2024-2025, beginning 10/1/24

- Preston Tyler and Keith Hartman have been nominated to succeed outgoing Board Members Stephanie Moon Reynolds and Kevin Reeder; these nominees are asked to serve for a full 3-year term.
- Bert Boyd has been nominated to complete a Board Member's term that will be vacated as that Board Member is expected to step into an Officer position, and that Board term runs through September 2025.

Club Officers voted-in: FY 2024-2025, beginning 10/1/24

Secretary-Treasurer: John Montgomery

Vice President: Dr. David Hartman

President-Elect: Joyce Montgomery

Immediate Past President: Mike O'Brochta

President: Jeanne Bollendorf

Please email any potential happenings to Alex at abarge11@gmail.com.

Please consider sharing this email with a friend!

📧 Forward

Kiwanian Birthdays

Sheila Umberger - May 3

Ryan LaFountain - May 5

Emily Bailey - May 9

Steve Bowery - May 10

David Bowers - May 11

Hi Nicely - May 14

Luke Young - May 15

David Points - May 16

Bob Bradshaw - May 25



Kiwanis
CLUB OF ROANOKE

2023-24

Officers:

Mike O'Brochta, President

Jeanne Bollendorf, President-Elect

Joyce Montgomery, Vice President

John Montgomery, Secretary-
Treasurer

Ben Spiker, Past President

Directors:

Lee Osborne, President, Kiwanis
Foundation of Roanoke

Kevin Reeder, 2024

Stephanie Moon Reynolds, 2024

David Hartman, 2024

Bob Habermann, 2025

Sheila Umberger, 2025

Harry Zulauf, 2025

Bill Bestpitch, 2026

Greg Lionberger, 2026

Alex Barge, 2026



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