



Kiwanis
CLUB OF ROANOKE

January 2023
Vol. 1045 No. 11
"DEFY GRAVITY"

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Nature Park Support Needed January 4th

YOU ARE INVITED to help begin to grow the love in 2023! In 2022 you helped us create a wonderful Wildflower Pollinator Garden that by summertime was a buzz with bees and butterflies.

When? On January 4th at our first club meeting of 2023 **Stay after our meeting** for no more than 30 minutes to help with this IMPORTANT hands on project!

What? we need you to bring us your love in a jug!!! We will turn your clear plastic empty jugs (we take all sizes!) - into mini-greenhouses for winter seed sowing. (See flyer!) Even if you can't stay to help **BRING JUGS!** We will collect as many jugs as we can in the next 2 weeks, so we're ready at our first meeting of 2023 to convert those jugs - voila' -- into mini-greenhouses.

ALSO NEEDED: We'll also need sharp scissors or exacto knives - that can cut through the plastic, drills to make holes in the bottom, black permanent markers. Mostly we need YOU and some jugs!

OR ELSE: Jugs can be brought to our meeting OR if you can't make it and if your friends want to leave them with me instead: I have a bin right next to my Santa train in my front yard ready to collect your plastic jugs. Spread the word!

WHAT ELSE!?? Plan to stay after the meeting to help convert the jugs into a habitat for winter seed sowing! Easy fun way to grow your native plants for our wildflower garden so they are sturdy enough by May 2023 at our Spring FunDay Festival to get planted in our Kiwanis Nature Park garden. We are going to double the size of the garden this year (with your help!, install benches and a picnic table and begin creating trails so the garden can attract pollinators and the neighborhood and you! January 4th - **see you then - HAPPY NEW YEAR!**

Cheri and Don and Rupe (and Cynthia Gray - our Garden Queen!)
Questions? Call Cheri at 540-798-7984

WINTER SEED SOWING IN JUGS

FEB → APRIL



COLLECT & WASH JUGS.
DISCARD CAP

MAKE 5 OR 6
1/2" HOLES IN
BOTTOM OF JUG



DRILL

OR

HOT GLUE GUN
WILL MELT
HOLES



SLICE JUG IN HALF
LEAVING THE HANDLE
ATTACHED



PACK 2-3" OF WET
SOIL IN BOTTOM OF JUG



SOW SEEDS ACCORDING
TO PACKET INSTRUCTIONS

LABEL WITH
SHARPIE

TAPE JUG BACK TOGETHER
WITH DUCT TAPE



SET JUGS IN A SUNNY SPOT.
SNOW & RAIN WILL ENTER THROUGH
CAP HOLE CREATING CONDENSATION.
SPRAY WITH WATER IF DRY.

SNOW
+
RAIN

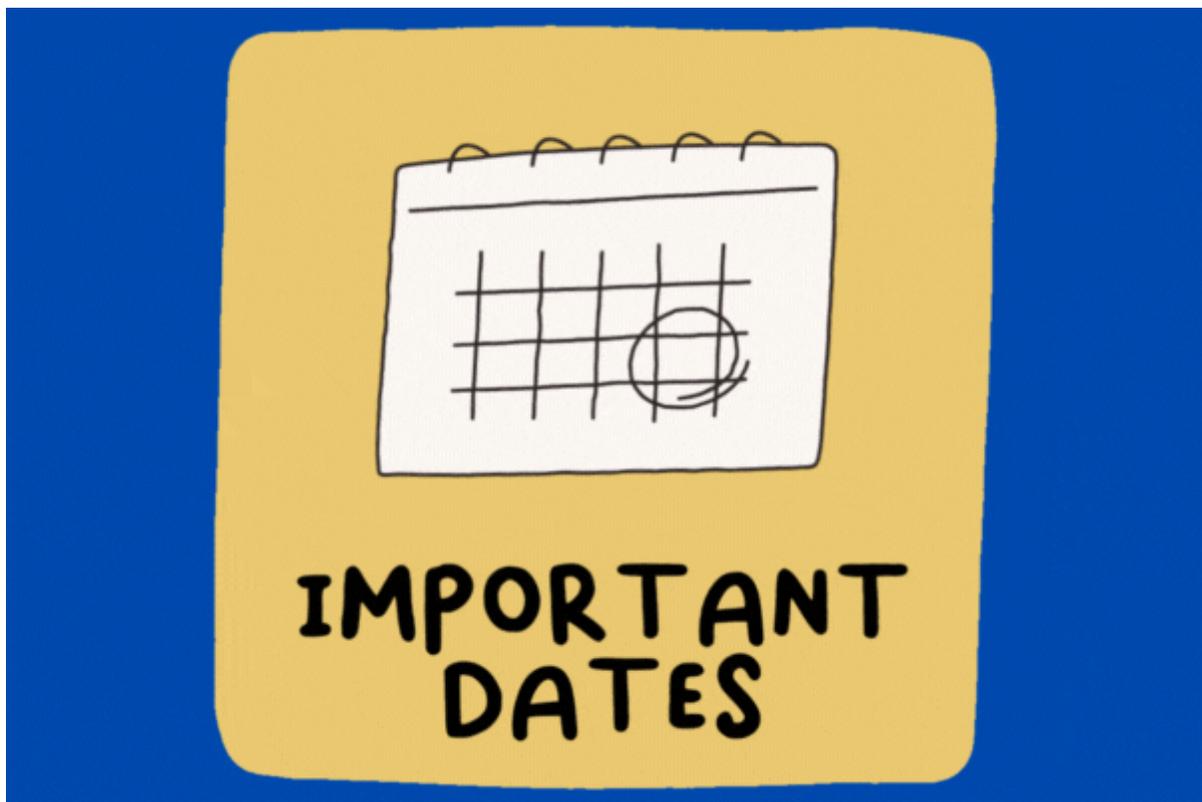


JUG BECOMES
A GREENHOUSE!

OPEN JUG
IN SPRING!



* ONCE SEEDS HAVE SPROUTED
PROTECT FROM LATE FROST
BY COVERING WITH BLANKETS,



Jan 4 - (12:30 - 1:30 pm) Club Meeting - Beth Davidson, Shifting Paradigm Consulting

Jan 4 - (Following club meeting) Small Nature Park Project (see above)

Jan 11 - (12:30 - 1:30 pm) Club Meeting - City of Roanoke Neighborhoods

Jan 18 - (12:30 - 1:30 pm) Club Meeting - Richmond Vincent, Goodwill of the Valley

Jan 25 - (12:30 - 1:30 pm) Club Meeting - Jesse Bucher, Roanoke College

Jan 25 - (Following club meeting) Kiwanis Pancake and Auction Day Team Meeting

March 15 - Kiwanis Pancake Ticket sales begin

May 6 - (7 am - 1 pm) Kiwanis Pancake and Auction Day!

January 4th Club Meeting - Beth Davidson, Shifting Paradigm Consulting Group

Join us Wednesday for our weekly meeting at 12:30 PM to listen to Beth Davidson, Founder/Executive Director of Shifting Paradigm Consulting Group. She will introduce participants to the concept of real play and its importance in developing executive functions. Participants will engage

in some unexpected shenanigans that will get their bodies moving and brains engaged.

Beth has a BA in Theater from Roanoke College, and M Ed in Curriculum & Instruction. She spent 25+ years in education, 19 in public schools. After decades of studying research and best practices in Literacy and Executive Functioning, and implementing innovative, engaging practices in the classroom, she began bringing these programs to a wider audience.

Note that a Seed Growing activity is scheduled immediately following the meeting.



January 11th Club Meeting - City of Roanoke Neighborhoods

Angie O'Brien

Angie, pictured below left, is the Chief Strategy Officer/Assistant City Manager Apprentice for the City of Roanoke, serving the city for over 20 years. She is an Education alumnus from Emory & Henry College, in

Emory, VA., a certified Lean Practitioner, and in recent years has received Six Sigma Black Belt training. Angie holds a graduate certification from Virginia Tech in Local Government Management and will obtain a Master's Degree in Public Administration in 2023. During her years of tenure with the City of Roanoke, she has served in a variety of positions and leadership roles. Angie currently oversees the office of Community Engagement, Youth and Gang Violence Prevention and Intervention Team, and strategic initiatives.

Carol Corbin

Carol, pictured below right, is a native of the Roanoke Valley. She graduated from Roanoke College with a degree in Sociology and Communication and is a Certified Lean Practitioner. Carol has served the City of Roanoke for over 15 years. She has been a specialist, trainer, and supervisor for the Department of Social Service and is currently serving in the Office of Communications and Community Engagement since April 2022.

They will be presenting and discussing ways in which the City of Roanoke communicates and engages with its residents. This will include traditional media, social media, website, ways to engage, and City branding.



January 18th Club Meeting - Richmond Vincent,

Goodwill Industries of the Valleys

Richmond Vincent Jr. serves as the President & CEO of Goodwill Industries of the Valleys (GIV) based in Roanoke, VA. In this leadership role, Richmond oversees an organization that has 41 retail stores, 3 distribution centers, manufacturing unit, and a workforce development operations serving over 57,000 Virginians. He currently serves as a Campaign Division Co-Chair for the Roanoke Regional Partnership, a member of the Goodwill Industries International Board of Directors, and Conference of Executives Executive Council.

Prior to GIV, Richmond served as President & CEO at Goodwill Industries of South Mississippi (GSMS) and Mississippi Goodworks. He was a member of the Mississippi Gulf Coast Business Council Executive Committee and Secretary of the United Way of South Mississippi board of directors. Richmond was recognized as a Best CEO in Mississippi by the Mississippi Business Journal.

Before joining GSMS, Vincent served as Senior Vice President of Workforce Development for the Goodwill of Central and Northern Arizona. In this role, he led the organization in serving over 90,000 Arizonans, with more than 45,000 acquiring gainful employment. Richmond also facilitated the organizations first career center co-located with a community-based organization and also spearheaded development and implementation of the initial fundraising program. His community service consisted of serving on the board of directors for the Greater Phoenix Economic Council and the Arizona Association for Economic Development.

Prior to his Goodwill career, Vincent served in an executive leadership role at several financial institutions, including J.P. Morgan Chase and BBVA Compass and was also an entrepreneur for several years. He served on the Governors Council on Workforce Policy and chairman of the Maricopa County Workforce Investment Board.

Richmond earned a Masters of Business Administration and Bachelor of Science in Political Science at Arizona State University. He and his wife Sandra have three daughters and three grandchildren.



January 25th Club Meeting - Jesse Bucher, Roanoke College

Jesse Bucher, Director of the Center for Structures of Race at Roanoke College, will be speaking on Histories and Genealogies of Slavery in the Roanoke Valley. His presentation will focus on recent research carried out by students and faculty at Roanoke College. As part of a larger process to commission a permanent memorial to enslaved laborers from southwest Virginia, the research team has used 19th century records to identify the names and identities of enslaved people.

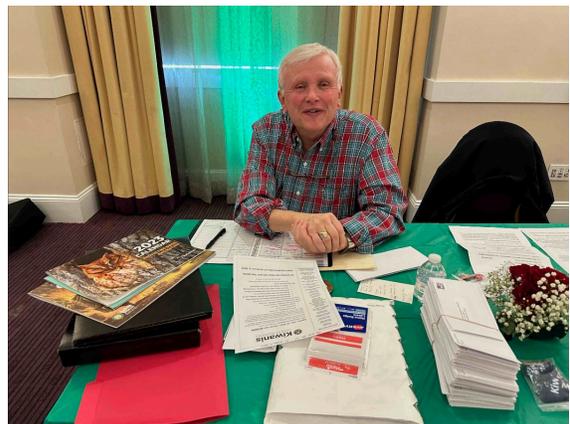
Jesse is an associate professor of African History at Roanoke College where he also directs the Center for Studying Structures of Race.



Highlights from a very successful West End Christmas Party!

(Photos by Mike O'Brochta)









Below, Emily "the elf" Bailey was well prepared for a very successful Christmas gift wrapping party hosted by Clark Goodman at the ServPro offices in Salem!

Dozens of Key clubbers and Kiwanians made short work of wrapping hundreds of gifts for today's West End Center annual Christmas party.

Many thanks to one and all! ~ Steve McGraw





Kiwanis
CLUB OF ROANOKE

Happenings

Coordinator of the Salvation Army Bell Ringers, Ken Briggs reports the following:

"Our Kiwanis volunteers collected \$2,047.99 during three nights of ringing during Dickens of a Christmas. Combined with what Kiwanians have contributed toward the Virtual Red Kettle (\$600 to date), our club has generated \$2,647.99, close to last year's all-time record of \$2,870.81."

The Salvation Army kettle campaign was hampered by severe weather across the country in the last few days prior to Christmas, and many

communities have fallen short of their goals.

Although the outdoors kettle campaign has concluded, you can still contribute virtually through the end of the year. For those who wish to do so, please follow the link below to the Kiwanis Club of Roanoke team fundraising page for The Salvation Army - Potomac Division.

<https://give.virginiasalvationarmy.org/team/332465>

Please email any potential happenings to Alex at abarge11@gmail.com.

Kiwanian Birthdays

January 5 -- Jeanne Bollendorf
January 6 -- Dirk Kuyk
January 6 -- Stephanie Moon Reynolds
January 7 -- John Bradshaw (Turns 90!)
January 8 -- Bob Rutherford
January 11 -- Steve English
January 13 -- Chris Head
January 15 -- Tom Blake
January 21 -- Rhonda Perdue
January 23 -- Terry Vandelinde
January 28 -- Pegram Johnson
January 28 -- John Montgomery
January 28 -- Andy Stone
January 29 -- Don Evans
January 31 -- Frank Rogan



Officers:

Ben Spiker, President

Mike O'Brochta, President-Elect

Jeanne Bollendorf, Vice President

John Montgomery, Secretary-
Treasurer

Clark Goodman, Past President

Directors:

Don Wilson, President, Kiwanis
Foundation of Roanoke -Term Ends
2023

Jamie Bailey, 2023

Luke Young, 2023

LeeAnn Linkenhoker, 2023

Kevin Reeder, 2024

Stephanie Moon Reynolds, 2024

Bob Habermann, 2025

Bruce Swanson, 2025

Sheila Umberger, 2025

Harry Zulauf, 2025



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