



**Kiwanis**  
CLUB OF ROANOKE

December 2022  
Vol. 104 No. 11  
"DEFY GRAVITY"

### **In this Issue**

Nature Park  
Important Dates  
Speakers' Info  
Feature Photos  
Kiwanis Happenings  
Kiwanian Birthdays

---

## **Nature Park Support Needed January 4th**

**YOU ARE INVITED** to help begin to grow the love in 2023! In 2022 you helped us create a wonderful Wildflower Pollinator Garden that by summertime was a buzz with bees and butterflies.

**When? On January 4th** at our first club meeting of 2023 **Stay after our meeting** for no more than 30 minutes to help with this IMPORTANT hands on project!

**What?** we need you to bring us your love in a jug!!! We will turn your clear plastic empty jugs (we take all sizes!) - into mini-greenhouses for winter seed sowing. (See flyer!) Even if you can't stay to help **BRING JUGS!** We will collect as many jugs as we can in the next 2 weeks, so we're ready at our first meeting of 2023 to convert those jugs - voila' -- into mini-greenhouses.

**ALSO NEEDED:** We'll also need sharp scissors or exacto knives - that can cut through the plastic, drills to make holes in the bottom, black permanent markers. Mostly we need **YOU** and some jugs!

**OR ELSE:** Jugs can be brought to our meeting OR if you can't make it and if your friends want to leave them with me instead: I have a bin right next to my Santa train in my front yard ready to collect your plastic jugs. Spread the word!

**WHAT ELSE!??** Plan to stay after the meeting to help convert the jugs into a habitat for winter seed sowing! Easy fun way to grow your native plants for our wildflower garden so they are sturdy enough by May 2023 at our Spring FunDay Festival to get planted in our Kiwanis Nature Park garden. We are going to double the size of the garden this year (with your help!, install benches and a picnic table and begin creating trails so the garden can attract pollinators and the neighborhood and you! January 4th - **see you then -**  
**HAPPY NEW YEAR!**

Cheri and Don and Rupe (and Cynthia Gray - our Garden Queen!)  
Questions? Call Cheri at 540-798-7984

# WINTER SEED SOWING IN JUGS

FEB → APRIL



COLLECT & WASH JUGS.  
DISCARD CAP

MAKE 5 OR 6  
 $\frac{1}{2}$ " HOLES IN  
BOTTOM OF JUG



DRILL

OR

HOT GLUE GUN  
WILL MELT  
HOLES



SLICE JUG IN HALF  
LEAVING THE HANDLE  
ATTACHED

PACK 2-3" OF **WET**  
SOIL IN BOTTOM OF JUG



SOW SEEDS ACCORDING  
TO PACKET INSTRUCTIONS

TAPE JUG BACK TOGETHER  
WITH DUCT TAPE

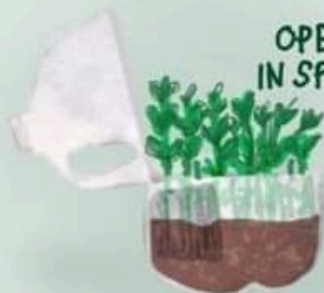


LABEL WITH  
SHARPIE

SET JUGS IN A SUNNY SPOT.  
SNOW & RAIN WILL ENTER THROUGH  
CAP HOLE CREATING CONDENSATION.  
SPRAY WITH WATER IF DRY.

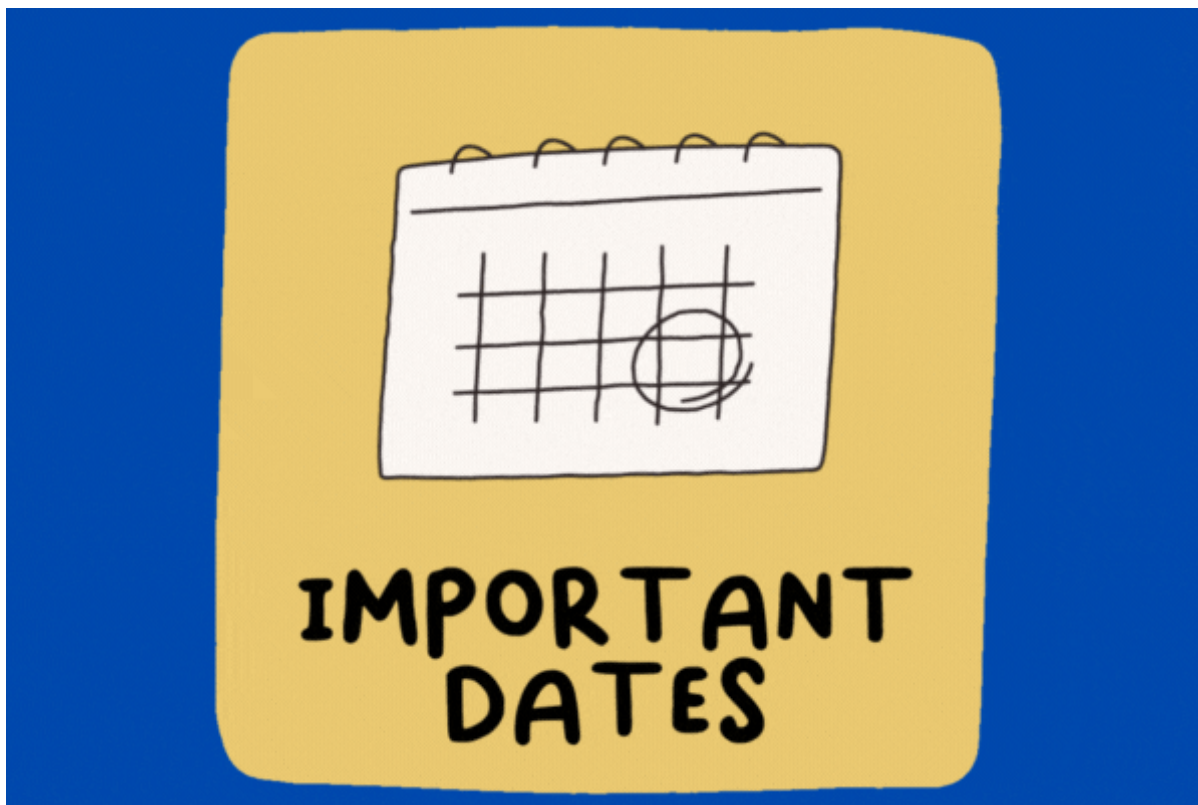


JUG BECOMES  
A GREENHOUSE!



OPEN JUG  
IN SPRING!

\* ONCE SEEDS HAVE SPROUTED  
PROTECT FROM LATE FROST  
BY COVERING WITH BLANKETS,



**Dec** - No Remaining Club Meetings

**Jan 4** - (12:30 - 1:30 pm) Club Meeting - Beth Davidson, Shifting Paradigm Consulting

**Jan 4** - (Following club meeting) Small Nature Park Project (see above)

**Jan 11** - (12:30 - 1:30 pm) Club Meeting - City of Roanoke Neighborhoods

**Jan 18** - (12:30 - 1:30 pm) Club Meeting - Richmond Vincent, Goodwill of the Valley

**Jan 25** - (12:30 - 1:30 pm) Club Meeting - Jesse Bucher, Roanoke College

**Jan 25** - (Following club meeting) Kiwanis Pancake and Auction Day Team Meeting

**March 15** - Kiwanis Pancake Ticket sales begin

**May 6** - (7 am - 1 pm) Kiwanis Pancake and Auction Day!

---

## **January 4th Club Meeting - Beth Davidson, Shifting Paradigm Consulting Group**

Join us Wednesday for our weekly meeting at 12:30 PM to listen to Beth Davidson, Founder/Executive Director of Shifting Paradigm Consulting

Group. She will introduce participants to the concept of real play and its importance in developing executive functions. Participants will engage in some unexpected shenanigans that will get their bodies moving and brains engaged.

Beth has a BA in Theater from Roanoke College, and M Ed in Curriculum & Instruction. She spent 25+ years in education, 19 in public schools. After decades of studying research and best practices in Literacy and Executive Functioning, and implementing innovative, engaging practices in the classroom, she began bringing these programs to a wider audience.

Note that a Seed Growing activity is scheduled immediately following the meeting.





---

## **January 11th Club Meeting - City of Roanoke Neighborhoods**

More info later.

---

## **January 18th Club Meeting - Richmond Vincent,** Goodwill Industries of the Valleys

Richmond Vincent Jr. serves as the President & CEO of Goodwill Industries of the Valleys (GIV) based in Roanoke, VA. In this leadership role, Richmond oversees an organization that has 41 retail stores, 3 distribution centers, manufacturing unit, and a workforce development operations serving over 57,000 Virginians. He currently serves as a Campaign Division Co-Chair for the Roanoke Regional Partnership, a member of the Goodwill Industries International Board of Directors, and Conference of Executives Executive Council.

Prior to GIV, Richmond served as President & CEO at Goodwill Industries of South Mississippi (GSMS) and Mississippi Goodworks. He was a member of the Mississippi Gulf Coast Business Council Executive Committee and Secretary of the United Way of South Mississippi board of directors. Richmond was recognized as a Best CEO in Mississippi by the Mississippi Business Journal.

Before joining GSMS, Vincent served as Senior Vice President of Workforce Development for the Goodwill of Central and Northern Arizona. In this role, he led the organization in serving over 90,000 Arizonans, with more than 45,000 acquiring gainful employment. Richmond also facilitated the organizations first career center co-located with a community-based organization and also spearheaded development and implementation of the initial fundraising program. His community service consisted of serving on the board of directors for the Greater Phoenix Economic Council and the Arizona Association for Economic Development.

Prior to his Goodwill career, Vincent served in an executive leadership role at several financial institutions, including J.P. Morgan Chase and BBVA Compass and was also an entrepreneur for several years. He served on the Governors Council on Workforce Policy and chairman of the Maricopa County Workforce Investment Board.

Richmond earned a Masters of Business Administration and Bachelor of Science in Political Science at Arizona State University. He and his wife Sandra have three daughters and three grandchildren.







## **January 25th Club Meeting - Jesse Bucher, Roanoke College**

Jesse Bucher, Director of the [Center for Structures of Race at Roanoke College](#), will be speaking on Histories and Genealogies of Slavery in the Roanoke Valley. His presentation will focus on recent research carried out by students and faculty at Roanoke College. As part of a larger process to commission a permanent memorial to enslaved laborers from southwest Virginia, the research team has used 19th century records to identify the names and identities of enslaved people.

Jesse is an associate professor of African History at Roanoke College where he also directs the Center for Studying Structures of Race.



---

## **Highlights from a very successful West End Christmas Party!**

(Photos by Mike O'Brochta)















Below, Emily "the elf" Bailey was well prepared for a very successful Christmas gift wrapping party hosted by Clark Goodman at the ServPro offices in Salem!

Dozens of Key clubbers and Kiwanians made short work of wrapping hundreds of gifts for today's West End Center annual Christmas party.

Many thanks to one and all! ~ Steve McGraw





**Kiwanis**  
CLUB OF ROANOKE

Happenings

Kiwanian Dr. David Points, pictured below, was recognized for volunteering with Radio IQ/WVTF Public Radio. He volunteered his voice to their Radio Reading Service, which serves those who are either visually impaired or otherwise can't access reading materials. Learn more from the post on LinkedIn [here!](#)





Fellow Kiwanians and Friends:

We're shocked and saddened to report the unexpected passing of former Roanoke Kiwanian Bob Thomas in Naples, Florida, last evening. He suffered a heart attack at home and was rushed to the hospital where he died. Bob's daughter, Leslie, who also lives in Florida, was with him.

Bob was a very active member of the Kiwanis Club of Roanoke from 2014 until 2020, when he moved from this area shortly prior to the onset of the COVID pandemic.

A native Roanoker, Bob joined the club following a long career with Norfolk Southern, working in both Roanoke and Atlanta. Bob served on our club's board of directors and was very supportive of a long list of club activities during his six years in the Kiwanis Club of Roanoke. He had been elected to

the position of incoming club vice president in 2018 before a change in personal plans prompted him to step down.

Bob recently had joined a Kiwanis Club in Naples and proudly shared with us that his "new" club included a former Kiwanis International President on its rolls and that the club was constructing a playground. Bob was an avid ocean line cruiser and enjoyed playing golf immensely.

Arrangements are incomplete at this time, but we will share them as they become available.

Please join us in expressing our condolences to Bob's family and friends, of which there are many.

John Montgomery

*Please email any potential happenings to Alex at [abargell@gmail.com](mailto:abargell@gmail.com).*

---

## Kiwanian Birthdays

December 5 -- Jay Harlow

December 9 -- Lloyd Enoch

December 14 -- Jim Joyce

December 17 -- Mike McEvoy

December 21 -- Diane DeHaven

December 23 -- Chuck Baker

December 26 -- Lois James

December 28 -- Judy Clark

---





**Kiwaniis**  
CLUB OF ROANOKE

2022-23

Officers:

Ben Spiker, President

Mike O'Brochta, President-Elect

Jeanne Bollendorf, Vice President

John Montgomery, Secretary-  
Treasurer

Clark Goodman, Past President

Directors:

Don Wilson, President, Kiwanis  
Foundation of Roanoke -Term Ends  
2023

Jamie Bailey, 2023

Luke Young, 2023

LeeAnn Linkenhoker, 2023

Kevin Reeder, 2024

Stephanie Moon Reynolds, 2024

Bob Habermann, 2025

Bruce Swanson, 2025

Sheila Umberger, 2025

Harry Zulauf, 2025



Copyright © 2022 Kiwanis Club of Roanoke, All rights reserved.

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).



mailchimp