



Let's Spring into Action on March 19th: the Clean Valley Council is joining the Kiwanis Club of Roanoke, our Environmental Committee, and our Kiwanis Nature Park project to host a Neighborhood Clean Up on March 19th. Let's meet at the Goodwill picnic shelter and join our neighbors in the Melrose-Orange area to remove litter and reduce a cause for the pollution in the Horton's Branch Creek.

Registration at 9:30; clean up from 10:00 to 12:00

We need your help - the creek is one of the worst polluted waterways in our valley. We can make a difference - working together! **Questions? Call Cheri**

Hartman at 540-798-7984 or email: chartman2423@gmail.com

Hope to see you there!

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This Week at Kiwanis - The 4th Industrial Revolution

Join us Wednesday for our meeting at 12:30PM presented by Jay Foster, CEO of Flex Metrics. Foster will be speaking about how automation and information technology is expected to radically change the world of industrial manufacturing. He will also talk about how we will apply these tools to other areas of society that need to improve in the decades ahead!

Zoom Meeting Wednesday March 2 at 1230pm

[https://us02web.zoom.us/j/81785815453?](https://us02web.zoom.us/j/81785815453?pwd=Q3NQMQ00ySE9jdmdErbDhhR3FUZVQ1dz09)
[pwd=Q3NQMQ00ySE9jdmdErbDhhR3FUZVQ1dz09](https://us02web.zoom.us/j/81785815453?pwd=Q3NQMQ00ySE9jdmdErbDhhR3FUZVQ1dz09)

Meeting ID: 817 8581 5453

Passcode: 102906

One tap mobile +13017158592,, 81785815453

#,,,,,0#,,102906# US (New York)

Dial by your location +1 301 715 8592 US (DC)

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February 28 -
Betsy Head

March 3 -
Bruce Swanson

March 5 -
Joyce Montgomery

March 10 -
Wendy Mellenthin

March 11 -
Don Wilson
Reggie Wood

March 13 -
Sherman Lea

March 15 -
David Lemon

March 18 -
Russell Clay

March 19 -
Preston Collins

March 20 -
Donna Lynch

March 24 -
Cheri Hartman
Joe Lemmer

March 27 -
Dick Clemmer

March 30 -
David Perry

March 31 -
Bill Bestpitch

IMPORTANT KIWANIS DATES

- **MARCH 9, 2022** - BUILD SMART INITIATIVE - ROBERT LEONARD
- **MARCH 14, 2022** - KIWANIS BOARD MEETING @1215PM
- **MARCH 16, 2022** - NORTHWEST/ACE HARDWARE - VANCE OVERSTREET
- **MARCH 23, 2022** - VOLATIA LANGUAGE NETWORK - BARAKA KASONGO
- **MARCH 30, 2022** - HOW THE CITY OF ROANOKE ASSISTS BUSINESSES & NON-PROFITS - BOB COWELL
- **APRIL 9, 2022** - ROANOKE MILL MOUNTAIN STAR CLEAN UP
- **APRIL 11, 2022** - KIWANIS BOARD MEETING @1215PM
- **APRIL 18, 2022** - SALEM KIWANIS SPRING FLING GOLF TOURNAMENT
- **MAY 4, 2022** - KIWANIS SCHOLARSHIP AWARDS
- **MAY 5, 2022** - KIWANIS PRAYER BREAKFAST @7AM @KAZIM SHRINE, TICKETS \$8
- **MAY 7, 2022** - KIWANIS PANCAKE & AUCTION DAY - DRIVE THRU @BERGLUND CENTER

Club Activities

The Blue Ridge Marathon is Saturday April 16th and once again Kiwanis will be providing volunteers to support one of the premier races on the East Coast. Below is a sign-up link. You have to complete this online so they can get your contact information and shirt size. Yes, you get a cool T-shirt!

We will be helping to staff an aid station, No. 6 – Top of the Mountain, as well as providing marshals, which are essentially the traffic cops for the race. However any assignment that works for your schedule will do. Remember to pick Kiwanis as your volunteer affiliation so we get credit. We have agreed to provide 15 volunteers so that part is important!

Type in this link to volunteer:

<https://runsignup.com/Race/Volunteer/VA/Roanoke/BlueRidge>

If you want to help out at the aid station, scroll down to Aid Station Top of the Mountain, select it and type in the password kiwanis when asked. If it is full, just pick another assignment.



Mike McEvoy getting ready for the Pancake Derby

KIWANIS PANCAKE DERBY

If you missed it last week, we kicked off the Kiwanis Pancake Day fundraiser!

Stay tuned to this page for the latest updates -

- Teams are: **Odds On Favorite** (Mike McEvoy), **SeaBiscuits with Gravy** (Cheri & Dave Hartman), **Consortiums Flapjack** (Jamie Bailey), **Maple Stirrups** (Donna Lynch & David Farnum), **Team Secretariat** (JC Taylor & Stephanie Moon Reynolds) - you can pick up your tickets at the next club meeting or your team leader will make arrangements to drop them off at your office/home.
- We want **100% participation!** If you don't want to sell tickets, then write a check and donate your tickets back
- If you run out of **tickets, Sherry Dillon and John Montgomery** have extras - please contact them
- The deadline for submitting **ticket sales is 3pm on Tuesday each week** (to be counted in competition)
- We are having an auction this year and donated **auction items count** toward you're overall participation - so get out there and get some cool stuff!



Run for the Roses Membership Drive:

TWO parts to the Membership Drive:

1. # of Invitations: When you invite a non-Kiwanian to a Kiwanis Club event whether it's a Wednesday meeting, a service project, or a planning meeting for any Kiwanis sponsored event, AND they actually attend - send an email to Donna Lynch telling her who, what, where, and when.
2. # of Actual New Members: When you sponsor someone to join our Kiwanis Club, we will keep track of who has the most new membership sponsorships to win the second part of the contest.

RUN FOR THE ROSES is a GREAT time to invite people to join us and learn how much fun we have while serving our community! The winners for each part will win 2 tickets to a future Mill Mountain Theatre show courtesy of Larry Kufel.

If you have any questions, please contact Lois James, Membership Chair.

LOIS JAMES' AUTOBIOGRAPHY

I was born in December 1965 in Clifton Forge, VA. My mother is British, and my dad was from upper Pennsylvania. My three older brothers were all born in Delaware, so I am the only one in the family with the southern twang, and I am proud of that.

After 3 boys, my mom was so excited to finally have a little girl. Only I was not into the girly things; I wanted to play football with my brothers and wear jeans like they did. So I grew up wearing jeans and playing football with the boys.

When I graduated from high school, I was excited to go to VT. Go Hokies! True fact, I almost didn't graduate. When I was a sophomore, I had to pass accounting as a prerequisite for upper-level marketing classes. I hated accounting. I studied and studied and studied and still bombed an exam. I went back to my dorm room to call my parents (no cell phones back then!) and I told them that I hated it there and I wanted to come home. My wise father said this to me and the lesson has lasted a lifetime, "Don't let one test in one class derail you from your bigger goal". After college, I moved to Washington, DC where guess what my first job was? Accounting! I met my now ex-husband and we got married and lived there for 5 years. While in DC, we had one of the 2 best gifts my ex ever gave me – my son, Nathaniel. When Nate was 6 months old, we moved to Chicago in the winter of 1994. This was the coldest winter on record for the previous 12 winters! Southern girl in freezing Chicago winter-not my idea of a good time! Guess what my first job was when we moved to Chicago? Accounting! What was wrong with me? I hated accounting. But while we were there, I had my 2nd greatest gift, my daughter, Margaret. When the kids got to be middle school aged, we didn't like the school they would be attending as the school district outside Chicago was one of the worst in the COUNTRY. That along with the fact that this southern girl missed her family and mountains, we moved back to Virginia in 2004. This time, my first job was not accounting! I started a 15 year career in the senior healthcare industry that I loved immensely. I worked for Home Instead Senior Care where I met Chris and Betsy Head who are Roanoke Kiwanians, but it wasn't until I worked for Generation Solutions for Tulane Patterson (an active member of the Lynchburg Kiwanis club) that I was introduced to Kiwanis and joined in 2015. I also met Kiwanian Mike Leigh in the club and started working for him in 2018. I finally realized that working with numbers/accounting was not my passion and that working with people was truly what makes me happy. I love to see people succeed in all areas of their lives.

My son is now 29 years old and getting married in March. To a Hokie! My daughter is now 27 and lives in Birmingham, AL with her boyfriend. Who is a Hokie! So, this Hokie momma is a happy momma because my kids are happy and living their best lives. I now live in the Cave Spring area with Jeff who is a musician and singer, and I love to go to his shows and listen to him perform. We have 3 boxers who keep us very busy and active. And we are in the middle of restoring my dream car: a 1965 Mustang!

I love being a part of the Roanoke Kiwanis Club because I have made many personal and professional friends, and I get to fill my cup with every service project we do to help others. I am fortunate to be so blessed. Thank you for allowing me to be a part of your lives.

Salem Kiwanis Club Golf Event

Salem Kiwanis Club
presents
2022 Spring Fling Golf Tournament
Monday, April 18, 2022
Hidden Valley Country Club

Registration - 11:30 am – 12:30 pm
Lunch – 11:30 am
Shotgun Start – 1:00 pm

\$400 per team includes lunch, green fee/cart,
hospitality cart, range balls
signup online at: www.salemvakiwanis.com/fundraisers

Send team names and payment
no later than Thursday, April 14 to:

Salem Kiwanis Club
P.O BOX 133
Salem, VA, 24153

Questions, please call
Lisa Bain – (540) 521-4666
lbain@servprormp.com

Jerry Brittain - (540) 520-2022
ghbri10@gmail.com

Sponsorships
(due by Friday, April 8, 2022)
Title Sponsor - \$ 3,000
(includes 4 teams, hole signs)
Golf Sponsor - \$ 1,000
(includes 2 teams, hole signs)
Hospitality Sponsor - \$ 500
(Signage on Hospitality Cart)
Cart Sponsor - \$ 250
(Sponsor info on every cart)
Hole Sponsor - \$ 150
(Signage on Tee box/green)

